Mrs. J. W. Helms arrived from Lethbridge. Alberta, the latter part of last week after an absence of two years. She has accepted a position with the general merchandise firm of Pangburn Bros. in the dry goods department and expects to remain there until about the first of the year at which time she will return to Lethbridge after spending some time with relatives in the east. Mrs. Helms is well known in this vicinity, having been employed by the Courtenay Mercantile company a few years ago, and has a wide acquaintance