

THE DANGER OF OVER-EXERTION.

A Stalwart Man Becomes Weaker Than a Child and Then Recovers His Former Strength.

Waterloo, N. Y., Observer. In these days of rowing giants and athletic heroes fine physical development is more observed than ever before since the time of the Athenian games.

"Have you always been so stalwart as this?" inquired the news gatherer. "Not by any means," was the reply. "When a young man I was always strong and active and felt that I could accomplish anything."

"What did the doctors say about you?" "Almost everything. I consulted no less than six different physicians. They all treated me and none did me any good."

"Lyon's Patent Metal Heel Stiffeners keep new boots and shoes from running over. Sold by shoe and hardware dealers."

"One night (how well I remember it!) my wife had put the children all in bed when the feeling came over me that I should live but a very short time."

"And so you did not try it?" "On the contrary, I did try it and to my surprise it seemed to go to just the spot. Indeed, it was the most palatable thing I had taken into my mouth for months. I relished it."

"And how have you been since then?" "As well—or better than before."

"Do you still exert your strength?" "Certainly. But I do not over-exert, as formerly. My strength is increasing every day, and my health is number one. I know that my life was saved by Warner's Safe Cure, and I believe it is the best medicine that was ever compounded by any chemist or physician."

Theo has told a Paris newspaper reporter that the New York journalists and critics are very jovial, very bright and very chic, but they all seem very fond of wesk.

The Wonderful Ingenuity of a Cheat.

We have a new use for photography—the testing of precious stones. The business began in this way: One day last year a diamond expert with quite a reputation in the business was asked by a stranger to buy a remarkably fine diamond. Eight thousand dollars was asked for it. The expert tested it in every manner known to the business and examined it carefully with a glass.

Astonishing Results. Homer and Plato both said of the ancient Egyptians that they were a nation of physicians. Yet history has no record of the discovery by them of any such peerless compound as Allen's Iron Tonic Bitters.

I would recommend Allen's Cream Balm to any one having Catarrh of Catarrh Asthma. I have suffered for the last five years so I could not lie down for weeks at a time. Since I have been using the Balm I can lie down and rest nicely. I thank God that you ever invented such a medicine.

Allen's Brain Food botanical extract strengthens the Brain and restores Curves, Nervous Debility, Nervousness, Headache, unnatural losses, and all weakness of Generative System; it never fails.

Personal Men Only. Dr. Dye's Celebrated Electric Belts and Electric Appliances are for the relief of men (young or old) whose health, vigor, vitality, lost vitality and desire, guaranteeing speedy and complete recovery of health and many vigor.

Wise's Axle Grease never gums. Living in East Africa. At a recent meeting of the Royal Geographical Society, Sir J. Kirk, British Consul at Zanzibar, read an account of a visit which Mr. J. T. Last made last winter to the Masai people, a race living in a region of East Africa never before visited by a white man.

At a recent meeting of the Royal Geographical Society, Sir J. Kirk, British Consul at Zanzibar, read an account of a visit which Mr. J. T. Last made last winter to the Masai people, a race living in a region of East Africa never before visited by a white man.

At a recent meeting of the Royal Geographical Society, Sir J. Kirk, British Consul at Zanzibar, read an account of a visit which Mr. J. T. Last made last winter to the Masai people, a race living in a region of East Africa never before visited by a white man.

At a recent meeting of the Royal Geographical Society, Sir J. Kirk, British Consul at Zanzibar, read an account of a visit which Mr. J. T. Last made last winter to the Masai people, a race living in a region of East Africa never before visited by a white man.

At a recent meeting of the Royal Geographical Society, Sir J. Kirk, British Consul at Zanzibar, read an account of a visit which Mr. J. T. Last made last winter to the Masai people, a race living in a region of East Africa never before visited by a white man.

At a recent meeting of the Royal Geographical Society, Sir J. Kirk, British Consul at Zanzibar, read an account of a visit which Mr. J. T. Last made last winter to the Masai people, a race living in a region of East Africa never before visited by a white man.

At a recent meeting of the Royal Geographical Society, Sir J. Kirk, British Consul at Zanzibar, read an account of a visit which Mr. J. T. Last made last winter to the Masai people, a race living in a region of East Africa never before visited by a white man.

Not a drink not sold in a bar-room, but a reliable, non-alcoholic tonic medicine, useful at all times, and in all seasons, is Brown's Iron Bitters.

Edward Spencer, a Baltimore journalist and writer, is dead.

Reports of Minnesota and Dakota crops are quite encouraging.

Mrs. Lydia E. Pinkham's Vegetable Compound is a most valuable medicine for ladies of all ages who may be afflicted with any form of disease peculiar to the sex.

Four dwellings and stores at Shenandoah, Pa. was burned recently \$25,000.

WALTERBORO, S. C.—Dr. J. M. Klien says: "Brown's Iron Bitters have given universal satisfaction."

The Bayfield branch of the Omaha will be open to Ashland the 22d inst.

"RORON ON RATS"—Clears out rats, mice, flies, roaches, bed-bugs, ants, vermin, chlamyds, etc.

The unpleasant appearance of even the most amiable and intelligent face, when covered with surface irritations as from tetter, pimples, or eczema, can be dissolved naturally by Dr. Benson's Skin Cure, an excellent toilet dressing. It cures dandruff of the scalp.

Blue Earth county is congratulating itself on losing little grain by the storm.

CONYERS, Ga.—Dr. W. H. Lee says: "Brown's Iron Bitters is a good medicine and many are using it in this place."

The losses in Elgin and vicinity foot up \$57,385. Rebuilding has already begun.

"BROWN PATENT"—Only complete cure, all annoying Kidney and Urinary Diseases.

The free book system for the public schools of Brooklyn will go into effect on Jan. 1.

Perry Davis' Pain-Killer is an excellent regulator of the stomach and bowels, and should always be kept on hand, especially at this season of the year, when so many suffer from bowel complaints.

The New Hampshire legislature has passed a bill prohibiting the sale of toy pistols.

WELLS "ROUGH ON CORNS"—15c. Ask for it complete, permanent cure. Corns, warts, bunions.

We recommend Wise's Axle Grease. Grand Army of the Republic.

MILWAUKEE, Special Telegram, July 27.—Special to the Sentinel from Denver, Colo.: At a business meeting of the Grand Army of the Republic this afternoon, it was decided to hold the next encampment and reunion, in 1884, at Minneapolis, Minn. It is a victory for the railroads leading to the Northwest, especially the Chicago, Milwaukee & St. Paul and Northern steam lines, much as the various railway systems of the country have been working to have the place at some terminal point on their respective lines, the business to be derived therefrom being well worthy of a contest.

Dr. O. W. Holmes shaves himself, and has used one pair of razors fifty years.

PERRY DAVIS' Pain-Killer



For Sale by all Druggists.

TUTT'S EXPECTORANT

It is composed of Herbs and Mucilaginous products, which permeate the substance of the Lungs, expectorate the acrid matter that collects in the Bronchial Tubes, and forms a soothing coating, which relieves the irritation that causes the cough.

TUTT'S PILLS

ACT DIRECTLY ON THE LIVER. Cures Chills and Fever, Dyspepsia, Sick Headache, Bilious Colic, Constipation, Rheumatism, Piles, Palpitation of the Heart, Dizziness, Torpid Liver, and Female Irregularities.

YOUNG MEN learn TELEGRAPHY here and will receive you a situation.

LADY AGENTS are wanted in every town and good salary selling Queen City Patent Sewing Machine.

\$72 A WEEK \$12 a day at home easily made. Costly outfit free. Address TRAVIS & CO., Augusta, Me.

\$5 TO \$20 per day at home. Samples worth \$5 free. Address BURNHAM & CO., Portland, Me.

\$66 A WEEK in your own home. Terms and \$500 free. Address H. HANLON & CO., Portland, Me.

Send for circulars for machines for all home sewing. No. 100, Portland, Me.

PATENTS. THE OLDEST MEDICINE IN THE WORLD, is probably Dr. HALL'S CURE FOR CATARRH OF THE EYE.

YOUNG MEN. If you want to become TELEGRAPH OPERATORS, and Railroad Agents, and be certain of a position, attend the AMERICAN SCHOOL OF TELEGRAPHY.

"THE BEST IS CHEAPEST." ENGINES, THRESHERS SAW-MILLS, Horse Powers, Clover Mowers.

MUSTANG. Survival of the Fittest. A FAMILY MEDICINE THAT HAS HEALED MILLIONS DURING 35 YEARS!

MEXICAN MUSTANG LINIMENT. A BALM FOR EVERY WOUND OF MAN AND BEAST!

THE OLDEST & BEST LINIMENT EVER MADE IN AMERICA.

SALES LARGER THAN EVER.

The Mexican Mustang Liniment has been known for more than thirty-five years as the best of all Liniments, for Man and Beast.

ROBBIN WINDER. FREE WITH EACH. WHITE SEWING MACHINE.

WHITE SEWING MACHINE CO. CLEVELAND, O.

Address: WHITE SEWING MACHINE CO. CLEVELAND, O.

N. W. N. U. No. 31. When writing to advertisers please say you saw their advertisement in this paper.

Advertising Cheats!!!

"It has become so common to write the beginning of an article, in an elegant, interesting manner, 'Then run it into some advertisement that we avoid all such, 'And simply call attention to the merits of Hop Bitters in as plain, honest terms as possible."

"To induce people 'To give them one trial, which so proves their value that they will never use anything else."

"THE REMEDY is favorably noticed in all the Papers, 'Religious and secular, is 'Having a large sale, and is supplanting all other medicines."

"There is no denying the virtues of the Hop plant, and the proprietors of Hop Bitters have shown great shrewdness 'And ability 'In compounding a medicine whose virtues are so palpable to every one's observation."

Did She Die? "No! 'She lingered and suffered along, pining away all the time for years, 'The doctors doing her no good, 'And at last was cured by this Hop Bitters the papers say so much about."

"Indeed! Indeed! 'How thankful we should be for that medicine."

A Daughter's Misery. "Eleven years our daughter suffered on a bed of misery, 'From a complication of kidney, liver, rheumatic trouble and Nervous debility. Under the care of the best physicians, 'Who gave her disease various names, 'But no relief, 'And now she is restored to us in good health by as simple a remedy as Hop Bitters, that we had shunned for years before using it."—THE PARENTS.

Father is Getting Well. "My daughter's better 'How much sadder father is since he used Hop Bitters."

"He is getting well after his long suffering from a disease declared incurable." "And we are so glad that we used your Bitters."—A LADY of Utica, N. Y.

HAHNEMANN MEDICAL COLLEGE. The great Homeopathic School. For Catalogues, address E. S. BAILEY, M.D., 3034 Michigan Ave., Chicago.

OPIUM Morphine Habit Cured in 10 to 30 days. No pay till cured. Dr. J. B. WALKER, Lebanon, Ohio.

BUGGIES Best work in the U.S. for the money. ENTERPRISE CARBIDE CO., Chicago. Write for Catalogue No. 10. Free.

LADIES OF YOUNG MEN in city or country to take a nice, light and pleasant work at their own homes; \$2 to \$5 a day easily and quietly made; work sent by mail; no canvassing; no stamp for reply. Please address Reliable Mail Co., Philadelphia, Pa. Drawer T. T.

Dr. LAFFITE'S FRENCH MOUSTACHE VIGOR Grows a beard on the smoothest face in 30 days or money refunded. Never fails. Send no receipt; send stamp or silver package for \$1. Beware of cheap imitations; none other genuine. Send for circular, address T. W. SAGE, box 22, Warsaw, Ind. U. S. A.

Boring Wells WITH THE PATENT Well Boring and Rock Drilling Machine. Is Very Profitable! \$25 to \$40 A DAY. Often Made!

Machines Made to Run by Horse, Hand or Steam Power. Send for Catalogue. Address LOOMIS & CO., Chicago, Ill.

The Buyers' Guide is issued March and Sept., each year; 216 pages, 8 1/2 x 11 1/2 inches, with over 3,300 illustrations—a whole picture gallery. Gives wholesale prices direct to consumers on all goods for personal or family use. Tells how to order, and gives exact cost of everything you use, eat, drink, wear, or have fun with. These invaluable books contain information gleaned from the markets of the world. We will mail a copy FREE to any address upon receipt of the postage—7 cents. Let us hear from you. Respectfully,

MONTGOMERY WARD & CO. 287 & 289 Wabash Avenue, Chicago, Ill.

CATARRH. I was troubled from boyhood with Catarrh and Hay-Fever, and never obtained permanent relief until I used Ely's Cream Balm. I should like to see you. E. L. Clark, New Brunswick, N. J.

Having been afflicted with Hay-Fever for years, I have used Ely's Cream Balm a trial. I have had no attack since using it. E. L. Hadden, Zellerbach Station, Co. Denver, March 26th, 1884.

Ely's Cream Balm will, when applied by the finger to the nostrils, be absorbed, effectually cleansing the nasal passages of catarrhal virus, causing healthy secretions. It relieves inflammation, protects the membrane lining of the head from colds; completely heals the sores and restores the sense of taste and smell. Beneficial results are realized by a few applications. A thorough return of cure. Unequalled for cold in the head. Agreeable to use. Send for circular, 50 cents a package, by mail or at druggists. Ely Brothers, Oswego, N. Y.

ROSE-COLD. A POSITIVE CURE. ELY'S CREAM BALM.

Unequalled for cold in the head. Agreeable to use. Send for circular, 50 cents a package, by mail or at druggists. Ely Brothers, Oswego, N. Y.

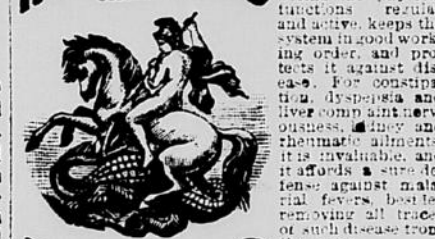
ALL MADE BY ROBBIN WINDER. FREE WITH EACH. WHITE SEWING MACHINE.

WHITE SEWING MACHINE CO. CLEVELAND, O.

Address: WHITE SEWING MACHINE CO. CLEVELAND, O.

N. W. N. U. No. 31. When writing to advertisers please say you saw their advertisement in this paper.

HOSTETTER'S CELEBRATED



STOMACH BITTERS

"OH MY HEAD HOW IT THROBS, I CAN'T SLEEP."

DR. W. BENSON'S CELERY & CHAMOMILE PILLS ARE PREPARED EXPRESSLY TO CURE AND WILL CURE HEADACHE OF ALL KINDS, NEURALGIA, NEUROUSNESS AND DYSPEPSIA.

DR. W. BENSON'S CELERY & CHAMOMILE PILLS ARE PREPARED EXPRESSLY TO CURE AND WILL CURE HEADACHE OF ALL KINDS, NEURALGIA, NEUROUSNESS AND DYSPEPSIA.

DR. W. BENSON'S CELERY & CHAMOMILE PILLS ARE PREPARED EXPRESSLY TO CURE AND WILL CURE HEADACHE OF ALL KINDS, NEURALGIA, NEUROUSNESS AND DYSPEPSIA.

DR. W. BENSON'S CELERY & CHAMOMILE PILLS ARE PREPARED EXPRESSLY TO CURE AND WILL CURE HEADACHE OF ALL KINDS, NEURALGIA, NEUROUSNESS AND DYSPEPSIA.

DR. W. BENSON'S CELERY & CHAMOMILE PILLS ARE PREPARED EXPRESSLY TO CURE AND WILL CURE HEADACHE OF ALL KINDS, NEURALGIA, NEUROUSNESS AND DYSPEPSIA.

DR. W. BENSON'S CELERY & CHAMOMILE PILLS ARE PREPARED EXPRESSLY TO CURE AND WILL CURE HEADACHE OF ALL KINDS, NEURALGIA, NEUROUSNESS AND DYSPEPSIA.

WOMAN CAN HEALTH OF WOMAN SYMPATHIZE WITH IS THE HOPE OF WOMAN



Lydia E. Pinkham

LYDIA E. PINKHAM'S VEGETABLE COMPOUND.

A Sure Cure for all FEMALE WEAKNESSES, including Leucorrhoea, Irregular and Painful Menstruation, Inflammation and Ulceration of the Womb, Flooding, PRO-LAPSUS UTERI, &c.

For all weaknesses of the generative organs of either sex, it is second to no remedy that has ever been before the public, and for all diseases of the kidneys it is the greatest remedy in the world.

For all weaknesses of the generative organs of either sex, it is second to no remedy that has ever been before the public, and for all diseases of the kidneys it is the greatest remedy in the world.

For all weaknesses of the generative organs of either sex, it is second to no remedy that has ever been before the public, and for all diseases of the kidneys it is the greatest remedy in the world.

For all weaknesses of the generative organs of either sex, it is second to no remedy that has ever been before the public, and for all diseases of the kidneys it is the greatest remedy in the world.

For all weaknesses of the generative organs of either sex, it is second to no remedy that has ever been before the public, and for all diseases of the kidneys it is the greatest remedy in the world.

For all weaknesses of the generative organs of either sex, it is second to no remedy that has ever been before the public, and for all diseases of the kidneys it is the greatest remedy in the world.

For all weaknesses of the generative organs of either sex, it is second to no remedy that has ever been before the public, and for all diseases of the kidneys it is the greatest remedy in the world.

For all weaknesses of the generative organs of either sex, it is second to no remedy that has ever been before the public, and for all diseases of the kidneys it is the greatest remedy in the world.

For all weaknesses of the generative organs of either sex, it is second to no remedy that has ever been before the public, and for all diseases of the kidneys it is the greatest remedy in the world.

For all weaknesses of the generative organs of either sex, it is second to no remedy that has ever been before the public, and for all diseases of the kidneys it is the greatest remedy in the world.

For all weaknesses of the generative organs of either sex, it is second to no remedy that has ever been before the public, and for all diseases of the kidneys it is the greatest remedy in the world.

For all weaknesses of the generative organs of either sex, it is second to no remedy that has ever been before the public, and for all diseases of the kidneys it is the greatest remedy in the world.

For all weaknesses of the generative organs of either sex, it is second to no remedy that has ever been before the public, and for all diseases of the kidneys it is the greatest remedy in the world.