HYPOCHONDRIA.

The Mysterious Element in the Mind That Arouses Vague Apprehensions -What Actually Causes It.

The narrative below by a prominent scientist touches a subject of universal importance. Few people are free from the distressing evils which hypochondriabrings. They came at all times and are brings. They come at all times and are fed by the very flame which they themselves start. They are a dread of coming derangement caused by present disorder and bring ab out more saicides than any

bther one thing. Their first approach should be carefully guarded.

Editor's Herald: It is seldom I appear in print and I should not do so now did I not believe myself in possession of truths, the reversition of which wall representation of which wall representations are represented in the second representation of which wall representation of the second representation representation of the second representation iation of which will prove of inestimable value to many who may see these lines. Mine has been a trying experience. For many years I was conscious of a want of nerve tone. My mind seemed sluggish and I left a certain folling off in my natural condition of intellectual acute-ness, activity and vigor. I presume this is the same way in which an innumerable number of other people ice, who like myself are physically below par, but like thousands of others I paid no attention to these annoving troubles, attributing them to overwork, and r sorting to a glass of beer or a milk punch. which would for the time invigorate and

relieve my weariness.

After awhile the stimulants commenced to disagree whn my stomach, my weariness increased, and I was compelled to resort to other means to find relief. If a physician is suffering he in-variably calls another physician to prescribe for him, as he cannot see himself as he sees others; so I called a physician and he advised me to try a little chemical food, or a bottle of hypophosphates. I took two or three bottles of the chemical food, with no apparent benefit. My lassitude and indisposition seemed to increase, my food distressed me. I suffered from neuralgic pains in different parts of my body, my muscles became sore, my bowels were constipated, and my prospects for recovery were not very flattering. I stated my case to enother physician, and the advised me. anothe physician, and he advised me to take five to ten drops of Magende's solution of normine, two or three times a day, for the weakness and distress in my stomach, and a blue pill every other night to relieve the constipation. The morphine produced such a deathly neusea that I could not take it, and the blue

pill fai ed to relieve my constipation.

In this condition I passed nearly a year wholly unfit for basiness, while the effort to think was irksome and painful. My blood became impoverished, and I suffered from incapacity with an appiling sense of misery and general apprehension of coming evil. I passed sleepless nights and was troubled with irregular action of the heart, a constantly fe-verish condition and the most excrucia-ting tortures in my stomach, living for days on rice water and gruel, and, in-deed, the directive functions seemed to

deed, the directive functions seemed to be entirely destroyed.

It was natural that while in this con-dition I should become hypochondrical and fearful suggestions of self destruction occasionally presented themselves. I ex-perienced an insatiable desire for sleep, but on retiring would lie awake for a long time tormented with troubled re-flections, and when at last t did fall into flections, and when at last 1 did fall into an uneasy slumber of short duration, it was disturbed by horrid dreams. In this condition i determined to take a trip to Europe, but in spite of all the attentions sysicians and change of scene and climate, I did not improve and so returned home with no earthly hope of ever again being ab e to leave the house.

Among the numerous friends that

called on me was one who had been af-flicted somewhat similarly to myself, but who had been restored to perfect health. Upon his earnest recommendation I began the same treatment he had employed but with little hope of being benefited. At first I experienced little, if any, relief, except the tit did not distress my sto sach as other remedies or even food had done. I continued its use, however, and a ter the third bottle could see a marked change for the better, and any after the fifteenth bottle I am happy to state that I am again able to attend to my professional duties. sleep well, nothing distresses me that I eat, I go from day to day without a feeling of weariness or pain, indeed I am a well man, and wholly through the influence of H. H. Warner & Co's Tippecaence of H. H. Warner & Co.'s Tippecanoe. I consider this remedy as taking the highest possible rank in the treatment of all diseases marked by debtity, loss of appetite, and all other symptoms of stomach and digestive disorders. It is overwhelmingly superior to the tonies, bitters, and dyspepsia cures of the day, and is certain to be so aaknowledged by the public universally. Thousands of people to day are going to premature graves with these serious diseases, that I have above described, and to all such I would say "Do not let your good judgment be governed by your prejudices, but give the erned by your prejudices, but give the above named remedy a fair and patient trial, and I believe you will not only be rewarded by a perfect restoration to health, but you will also be convinced that the medical profession does not possess all the knowledge there is embraced in medical science "

A. G. Richards, M. D.,

468 Tremont street, Boston, Mass.

American Women in Paris.

The London Graphic is moved to remark: "American women in Paris are also interesting to notice. When very pretty and well dressed they excite the envy of the ladies and call forth the admiration of the gentlemen of France. To their discredit be it said, however, French writers-Octave Feuillet among them -are ungallant enough to sneer at American women. But this is done to curry lavor with the fair of their own land; for two things which a French wo-man will not concede to an "Anglaise" are the attributes of beauty and the art of dressing. The grandeur of France may be dimmed, but the glory of Parisian millinery and the grace of Parisian

A milliner in Plainville, Conn., has closed out her business and applied for a license to sell intoxicating liquors. Diseased Lungs

Are greatly on the increase in this country. It is estimated that 190,000 die yearly with Consumption! Many fall victims through their own imprindence. A better remedy than Alic.'s Lung Baisum for effecting a perfect cure cannot be found. Physicians are recommending it.

Wilson Sacraian, son of the general, is very sick in Beston.

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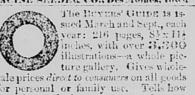
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