

# BEAUTY AND PURITY

Ancient and Modern Ideas on the Subject.  
Time and Disease the Effacing Agents  
of Beauty. What Has Science Done  
to Restore the Lily and the Rose?

Socrates called beauty a short-lived tyranny, Plato a privilege of nature, Theocritus a delightful prejudice, Theophrastus a silent cheat, Carnesades a solitary kingdom, Homer a glorious gift of nature, Ovid a favor of the gods. Aristotle affirmed that beauty was better than all the letters of recommendation in the world, and yet none of these distinguished authorities has left us even a hint of how beauty is to be perpetuated, or the ravages of age and disease defied. Time soon bleeds the lily and the rose into the pallor of age, disease dots the fair face with cutaneous disfigurements and crimson spots, if not rust, corrupts the glory of eyes, teeth, and lips, and yet beautiful by defacing the complexion, and fills the sensitive soul with agony unspeakable.

If such be the unhappy condition of one afflicted with slight skin blemishes, what must be the feelings of those in whom torturing humors have for years run riot, covering the skin with scales and sores and charging the blood with poisonous elements to become a part of the system until death? It is vain to attempt to portray such suffering. Death in many cases might be considered a blessing. The blood and fluids seem to be impregnated with a fiery element which, when discharged through the pores upon the surface of the body, inflames and burns until, in his efforts for relief, the patient tears the skin with his nails, and until the blood-groove does sufficient relief come to cause him to desist.

Thus do complexional defects merge into torturing disease, and piqued vanity give place to real suffering. A little wart on the nose or cheek grows to the all-devouring lupus, a patch of tetter on the palm of the hand or on the limbs suddenly envelops the body in its fiery embrace, a burn on the leg expands into a gushing ulcer, which reaches out its fangs to the sufferer's heart in every paroxysm of pain, a small kernel in the neck multiplies into a dozen, which eat away the vitality, great pearl-like scales grow from little rash-like inflammations in such abundance as to pass credulity; and so on may we depict the sufferings to which poor human nature is subjected, all of which involve great mental distress because of personal disfigurements.

If there were not another external disease known, eczema alone would be a sufficient infliction on mankind. It pervades all classes, and descends impartially through generations. While some are constantly enveloped in it, others have it confined to small patches in the ears, on the scalp, on the breast, on the palms of the hands, on the limbs, etc., but everywhere its distinctive feature is a small watery blister, which discharges an acrid fluid, causing heat, inflammation, and intense itching. Ring-worm, tetter, scalded head, dandruff, belong to this scaly and itching order of diseases. Psoriasis, our modern leprosy, with its mother-of-pearl scale, situated on a reddened base, which bleeds upon the removal of the scale, is to be dreaded and avoided, as of old. Impetigo, barber's itch, erysipelas, and a score of minor disorders make up in part the catalogue of external diseases of the skin. Thus far we have made no allusion to those afflictions which are manifestly impurities of the blood, viz.: swelling of the glands of the throat, ulcers on the neck and hands, cancers, abscesses, and mercurial poisons with loss of hair, because the whole list can be comprehended in the one word scrofula.

It is in the treatment of torturing, disfiguring humors and affections of the skin, scalp, and blood, with loss of hair, that the Cuticura remedies have achieved their greatest success. Original in composition, scientifically compounded, absolutely pure, unchangeable in any climate, always ready, and agreeable to the most delicate and sensitive, they present to young and old the most successful curatives of modern times. This will be considered strong language by those acquainted with the character and obstinacy of blood and skin humors but it is justified by innumerable successes where all the remedies and methods in vogue have failed to cure, and, in many cases, to relieve, even.

The Cuticura treatment is at once agreeable, speedy, economical, and comprehensive. Bathe the affected parts freely with hot water and Cuticura soap, to cleanse the surface of crusts and scales, and soften the thickened cuticle. Dry, without hard rubbing, and apply Cuticura Ointment

to allay itching, irritation, and inflammation, and soothe and heal, and, lastly, take Cuticura Resolvent, to cool and cleanse the blood. This treatment affords instant relief, permits rest and sleep in the severest forms of eczema and other itching, burning, and scaly humors, and points to a speedy, permanent, and economical cure of torturing, disfiguring humors, eczemas, rashes, and inflammations, from infancy to age, when all other remedies and the best physicians fail. The remedies constituting the Cuticura system will repay an individual scrutiny of their remarkable properties.

Cuticura Soap contains in a modified form the medicinal properties of Cuticura Ointment, the great skin cure and purest and sweetest of emollients, combined with the most delicate and refreshing of flower odors. It purifies and invigorates the pores of the skin, and imparts activity to the oil glands and tubes, thus furnishing an outlet for unwholesome matter, which if retained would cause pimples, blackheads, rashes, oily, mothy skin, and other complexional disfigurements, as well as scalp affections and irritations, falling hair, and baby rashes. Its gentle and continuous action on the natural lubricators of the skin keeps the latter transparent, soft, flexible, and healthy. Hence its constant use, assisted by an occasional use of Cuticura Ointment, realizes the fairest complexion, the softest, whitest hands, and the most luxuriant, glossy hair within the domain of the most advanced scientific knowledge to supply.

Cuticura Ointment is the most successful external curative for torturing, disfiguring humors of the skin and scalp, including loss of hair, in proof of which a single anointing with it, preceded by a hot bath with Cuticura Soap, and followed in the severest cases by a full dose of Cuticura Resolvent, is sufficient to afford immediate relief in the most distressing forms of itching, burning, and scaly humors, permit rest and sleep, and point to a speedy cure when all other remedies fail. It is especially so in the treatment of infants and children, cleansing, soothing, and healing the most distressing of infantile humors, and preserving, purifying, and beautifying the skin, scalp, and hair.

Cuticura Ointment possesses, at the same time, the charm of satisfying the simple wants of the toilet of all ages, in caring for the skin, scalp, hair, and hands far more effectually, agreeably, and economically than the most expensive of toilet emollients, while free from every ingredient of a doubtful or dangerous character. Its "One Night Treatment of the Hair," or "Single Treatment of the Hair," or use after athletics, cycling, golf, tennis, riding, sparring, or any sport, each in connection with the use of Cuticura Soap, is sufficient evidence of this.

Of all remedies for the purification of the blood and circulating fluids, none approaches in specific medical action Cuticura Resolvent. It neutralizes and resolves away (hence its name) scrofulous, inherited, and other humors in the blood, which give rise to swellings of the glands, pains in the bones, and torturing, disfiguring eruptions of the skin and scalp, with loss of hair.

Cuticura Resolvent extends its purifying influence by means of the pores to the surface of the skin, allaying irritation, inflammation, itching, and burning, and soothing and healing. Hence its success in the treatment of distressing humors of the skin, scalp, and blood, with loss of hair, which fail to be permanently cured by external remedies alone.

The grandest testimonial that can be offered Cuticura remedies is their world-wide sale, due to the personal recommendations of those who have used them. It is difficult to realize the mighty growth of the business done under this name. From a small beginning in the simplest form, against prejudice and opposition, against mangled hosts, countless rivals, and trade indifference, Cuticura remedies have become the greatest curatives of their time, and, in fact, of all time, for nowhere in the history of medicine is to be found another approaching them in popularity and sale. In every climate and with every people they have met with the same reception. The confines of the earth are the only limits to their growth. They have conquered the world.

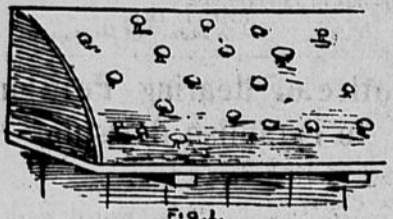
To the test of popular judgment all things mundane must finally come. The civilized world has rendered its verdict in favor of Cuticura.

# HORTICULTURE

## MUSHROOM CULTURE.

One of the Most Profitable Winter Occupations in Which Farm Gardeners Can Engage.

Winter is the time to grow mushrooms in the cellar. The summer time is not the best for growing this delicious vegetable on account of the hosts of insects that prey upon it. In the winter insects are absent. Moreover, this is the time of year when the farmer and his family can most appreciate a fresh vegetable like the mushroom. In the city there are thousands of people that try



MANURE BED ON SHELF.

growing mushrooms, but the work is done under great difficulties, largely due to the fact that suitable manure cannot be easily obtained. Either it is too strawy, or too old or too new. The farmer has the foundation for a mushroom bed at hand. He can select the horse manure of just the right composition. He can pile it and heat it out of doors or in a corner of his stable, and do it with little trouble.

The horse manure used should be fairly devoid of straw. It should be piled and allowed to heat to some extent and then be forked over and permitted to heat again. The fork-

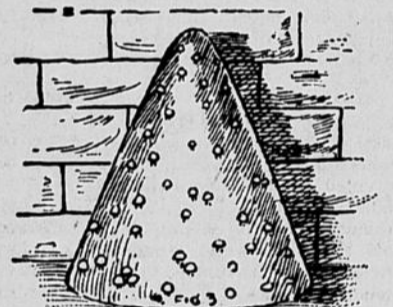


TUB FILLED WITH MANURE.

ing over is done to prevent the manure "fire-fanging." If there is no danger of this result, then the forking need not be done. After the pile has ceased to increase in heat and the temperature begins to decline, take the manure into the cellar and pack it in beds or barrels.

We show three methods of making the beds. The first cut shows the manure bed made on a shelf. When this is done the manure should not occupy the entire shelf, as some room should be left for straw or hay as a covering. The second shows a tub made from a barrel, filled with manure and spawned. The third shows a bed simply heaped against the side of the wall in the cellar.

After the beds are made the spawn should be put in two inches deep, in pieces about as big as the finger and placed perhaps a foot apart. No wa-



HEAPED AGAINST CELLAR WALL.

ter should be put on the bed at this time. In about ten days after spawning the bed the white mycelium should be found working its way through the soil. This condition indicates that all things are moving on well. Then put two inches of soil over the top of the manure and give a covering of straw. The straw simply serves to keep the mushrooms clean when they appear. No water should be applied till the beds begin to bear fruit. Then not enough should be applied to make the bed soggy, which would rot the mycelium. The spawning of the bed should be done when the temperature of the bed has fallen to about 70 degrees.—Farmers' Review.

## Prosperity of the Farmer.

Mr. James R. Keene takes a cheerful view of the future. He says: "According to the best statistical estimates the value of farm products of 1902 is one thousand million dollars greater than in 1901. The prosperity of the farmer is the base and capstone of our national prosperity. His condition is the surest index to the condition of the country. When the land is fruitful, harvests bountiful, quality good, and the farmers receive remunerative prices, there is unmistakable evidence that the general condition of the country is sound."

## Potato Growing States.

The census office reports show that the following states lead in the production of Irish potatoes: New York, Wisconsin, Michigan and Pennsylvania. The leading sweet-potato growing states are North Carolina, Georgia, Virginia, Alabama, South Carolina and Texas, but in onions New York, Ohio, Michigan and Massachusetts lead. In miscellaneous vegetables other than onions and potatoes New York, Missouri, Texas, Illinois, Pennsylvania and Ohio stand at the head of the list.

## CAUSE OF SUNSCALD.

Trouble Due to Neglect in Protecting Trees on South and West Sides in Winter Time.

We do not appreciate sometimes what it means to neglect our trees. Take a tree which is headed high, for instance. The trunk of the tree is exposed to the rays of the south and west sun during the winter season, and many persons think nothing of this. Yet tests have proven that the temperature of the bark on the southwest side of a tree trunk thus exposed is 23 degrees higher than the temperature of the atmosphere. This has been demonstrated by inserting a small thermometer beneath the bark. Now, suppose the temperature of the atmosphere is 50 degrees, which is frequently the case in some days during the winter, when the sun is bright. Add 23 degrees to this, and you have the temperature of the bark at 73 degrees. Now, at his atmosphere the bark can start to grow, and the sap become active. This condition exists during the day, but at night the temperature drops, the bark is bound to be affected, and damage results. A few days of this condition, and by relaxing and contracting the bark has become loosened from the trunk and dies. Thus we have the condition known as sunscald, which many persons have supposed was caused in the summer season, when as a matter of fact the damage was done in the winter. A sun-scalded tree is then apt to be attacked by flat-headed borers and other insects, and the decay of the tree sets in. To have protected the south and west sides of the tree trunk from the direct rays of the sun in the winter time would have prevented this trouble.—Prof. Whitten, in Farmers' Review.

## CRATES FOR ONIONS.

Handy in the Field to Hold the Crop When Gathered and Take Up But Little Room.

Winter is the time to prepare for summer. Every onion grower should provide himself with crates to handle his next crop. They are handy in the field to hold the crop when gathered, and are easily stacked to admit the necessary air when curing without extra work or trouble.

The crates described hold about 2½ bushels; the feet of one fit into the top of the one next below, so that they may be stacked up to the ceiling.

Two crates should be made first, and one of these taken apart to serve as pattern pieces when it is known that they are exactly right. Material for the lot should then be cut out at the



Fig. 1.

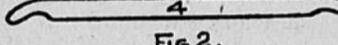


Fig. 2.

CRATES FOR HANDLING ONIONS.

machine shop if convenient, though it may be done by hand.

Outside dimensions are 24x4 feet, 8 inches high. The ends are made first by nailing a good solid top piece, 1x4 inches, 2½ feet long, securely to the top ends of the two posts, projecting ½ inch above posts, as shown at 1 in Fig. 1.

Four foot lath are then nailed, 1 inch apart, between the posts, to the under edges of these end pieces, to form the slatted bottom. The posts are of hard wood 2 inches square and 8 inches long, with the inside corner flatted or rounded. They are either set on a slant as shown in the cut, or a shaving, about 1-16 inch, is taken off the two outside near the bottom, so the feet of one crate will fit easily into the corners of the other.

When the bottom slats are in place the other end piece, 1x2 inches, 2½ feet long, is nailed on close up against the lath, preferably on the inner sides of the posts.

Side pieces 1x4½ inches are cut 5 feet long and shaped as in Fig. 2. These are nailed even with the top end pieces. A strip 1 inch square is nailed on the inside of these pieces, flush with the bottom edge, to partially fill what would otherwise be a 2-inch space caused by the corner posts. Two cross strips are then nailed on under the bottom to support the lath slats and the crate is complete.—H. D. Steiger, in Farm and Home.

## Trees from the Nursery.

If young trees are received from the nurseryman be careful and not expose the roots to the action of dry winds. As many insects and diseases may be distributed from nurseries all trees should be very carefully examined, no matter how young they may be. When setting them out prepare the land well, and give the roots plenty of room. Use no manure, but place the top soil next the roots. Shorten back the tops, so as to be able to shape the trees in the future, and also for the purpose of providing more nourishment at the start.

## Stool System for Berries.

For field culture of strawberries set plants in rows three feet apart. The distance apart in the row depends on whether the stool system or the matted row system is to be followed. For nearly all varieties the stool or hill system is the simplest, most profitable and in the long run the cheapest. For stooling we set plants 15 to 18 inches apart in the row, according as the variety is a rank grower or not. For thin matted rows, the only matted row at all advisable, plant two feet apart.—Farm, Field and Fireside.

Sour milk is caused by bacteria that live in dirt. They increase rapidly at high temperatures.

# SISTERS OF CHARITY

RELY ON PE-RU-NA TO FIGHT

Catarrh, Coughs, Colds and Grip.



SISTER BEATRIX.

A letter recently received by Dr. Hartman from Sister Beatrix, 410 W. 30th street, New York, reads as follows:

Dr. S. B. Hartman, Columbus, Ohio:  
Dear Sir:—I cannot say too much in praise of Peruna. Eight bottles of it cured me of catarrh of the lungs of four years standing, and I would not have been without it for anything. It helped several Sisters of coughs, and colds and I have yet to find one case of catarrh that it does not cure."  
SISTER BEATRIX.

## Interesting Letters from Catholic Institutions.

In every country of the civilized world the Sisters of Charity are known.

Not only do they minister to their care, but they also minister to their bodily needs. With so many children to take care of and to protect from climate and disease, these wise and prudent sisters have found Peruna a never-failing safeguard.

Dr. Hartman receives many letters from Catholic Sisters from all over the United States. A recommend recently received from a Catholic institution in Detroit, Mich., reads as follows:

California—Low Rates.  
Beginning February 15th, the M. K. & T. Ry. will sell Colonist Tickets to California at very low rates, viz.: St. Louis, \$30.00; Kansas City, \$25.00. Round-trip through to San Francisco leaves St. Louis each Tuesday at 8:32 p. m. Ask any Katy Agent or address James Barker, Gen'l Pass. Agent, M. K. & T. Ry., 202 Wainwright Bldg., St. Louis.

Never be liberal beyond your reputation; it excites suspicion.—Indianapolis News.

## A 50 Cent Hat BY MAIL

That is in either style of finish sent post-paid on receipt of 50 cents in cash, postal order or money order. Money back if not satisfactory. We refer to the Fine National Bank of Middletown, N. Y. Send for catalogue for other Men's and Boy's hats.  
MIDDLETOWN HAT CO.,  
66 MILL ST., MIDDLETOWN, N. Y.  
A. N. K.—G 1906

# Constipation Cured

Those who have used salts, castor oil, and the many home and manufactured purgatives, know that in such treatment there is no possibility of a cure from constipation. These remedies are at most physics and do absolutely no good. In fact they frequently provoke piles, fistula, female disorders and many cases of appendicitis are traceable to their use. Soon the ordinary doses of these physics fail to have any effect upon the bowels.

There never was a case of temporary or obstinate constipation that

**Mull's Grape Tonic**

would not cure. First, Mull's Grape Tonic is unlike any other treatment for constipation. It is the greatest and most positive laxative known. But that isn't what cures. It is the tonic properties of the grape and other fruits that strengthens the worn-out muscles of the intestinal tract. Mull's Grape Tonic builds flesh, makes strength and creates rich, red blood. Mull's Grape Tonic is the finest thing ever known for constipation. It is guaranteed to cure you. Large sample bottle sent free to any address on receipt of 10 cents for postage by Lightning Medicine Co., Rock Island, Ill. Send your druggist's name. All druggists sell Mull's Grape Tonic at 50 cents a bottle.

# Bromo-Seltzer

Promptly cures all

## Headaches

Use a good, penetrating liniment when there's a hurt, bruise, pain in your body or the body of your beast.

# MUSTANG LINIMENT

worms its way down through the swollen, fevered muscles to the very heart of pain and drives it out.

# VERY LOW RATES TO THE NORTHWEST

From February 15th to April 30th, 1903, the NORTHERN PACIFIC RAILWAY will sell one-way Colonist tickets from its eastern terminals—St. Paul, Minneapolis, Duluth and the Superiors—to nearly all points on its own and connecting lines in Montana, Idaho, Washington and Oregon. Good land in these states is rapidly being sold and the opportunity to get desirable, low-priced homes is just as rapidly passing. For rates, details and general information write at once to

CHAS. S. FEE,  
Gen. Pass. & Ticket Agent,  
ST. PAUL, MINN.

Correspondence and Inquiries are given prompt attention.

Wanted—Oil Agents.  
In every county reliable, energetic men to sell on commission exclusively in the Farm and Home departments of High Grade Lubricating Oils, Greases, also Roof, Barn and House Paints. Apply at once. Address The Woodruff Oil & Grease Co., Chicago, Ill.

LAND  
Washington and Idaho. Delightful climate. Productive soil. Choice wheat, fruit, and stock raising land. Write for free list and cheap rates for home-seekers. ROSSIE-JACKSON, Spokane, Wash.