CHANGE OF LIFE.

Some sensible advice to women passing through this trying period.

The painful and annoying symptoms experienced by most women at this period of life are easily overcome by **Lydia E. Pinkham's Vegetable Compound.** It is especially designed to meet the needs of woman's system at the trying time of change of life.

It is no exaggeration to state that Mrs. Pinkham has over 5000 letters like the following proving the great value of her medicine at such times:

"I wish to thank Mrs. Pinkham for what her medicine has done for me. My trouble was change of life. Four years ago my health began to fail, my head began to grow dizzy, my eyes pained me, and at times it seemed as if my back would fail me, had terrible pains across the kidneys. Hot flashes were very frequent and trying. A friend advised me to try Lydia E. Pinkham's Vegetable Compound. I took it and am to-day free from those troubles. I cannot speak in high enough terms of the medicine. I recommend it to all and wish every suffering woman would give it a trial."—BELLA ROSS, 88 Montclair Ave., Roslindale, Mass.—$5000 forfeit if above letter proving genuineness cannot be produced.

Old Railroad Ticket Is Now a Curiosity.

Miss Laura E. Hewey, librarian of the State Historical society, of Montana has received from C. E. Reese, of Virginia City, one of the tickets used in the early '60s on the stage lines of Montana. It is from Virginia City to New York, issued by the Wells Fargo company, the fare at that time being $180. The ticket is composed of eight coupons.

The first is by stage, supposedly to Salt Lake, there being left a blank space to be filled in. From there it is over the Union Pacific railroad to Omaha, by omnibus to Council Bluffs and from there to Chicago over the Chicago & North-Western Railway.

From Chicago the ticket is over the Pittsburg, Fort Wayne & Chicago to Pittsburg and from Pittsburg to Harrisburg over the Pennsylvania Central. From the latter place to New York the ticket calls for passage over the Allentown line to New York.

"I sometimes has my suspicions," said Uncle Eben, "dat de chronic gossip hab a guilty conscience an' is abusin' is neighbors in self-defense."—Washington Star.

Millions of Trunks.

The New York Central forwarded in baggage cars during the calendar year of 1902, 3,159,545 pieces of checked baggage. There were received at stations 3,121,974 pieces of checked baggage. The number of bicycles forwarded and received by baggage car was 411,614; and baby cars forwarded and received 26,654.

The beauty sees, is partly in him who sees it.—Bacon.

A DANGER SPOT.

A dangerous spot for pain is the small of the back; it tells of Kidney ills as do most pains and aches in the back. Kidney ills begin with backache and end with Diabetes, Dropsy, Bright's disease. Cure Kidney and Bladder troubles before they reach the serious stage.

Read how easily it can be done.

W. J. Hill, of 40 South Union Street, Concord, N. C., proprietor of hardware and harness store, Justice of the Peace, and one of the best known residents of that city, says: "Doan's Kidney Pills proved a very efficient remedy in my case. I got a box at the Gibson Drug Store and used them for disordered kidneys and backache from which I had experienced a great deal of annoyance, trouble and pain. The kidney secretions had bothered me for a long while, were very irregular, dark colored and full of sediment. The Pills cleared it all up and I have not had an ache in my back since taking the last dose. My back is much stronger and my health generally is improved a great deal. I am glad to make a public endorsement of the Pills trusting that it may be the means of relieving some other sufferer."

A FREE TRIAL of this great kidney medicine which cured Mr. Hill will be mailed on application to any part of the United States. Address Foster-Milburn Co., Buffalo, N. Y. For sale by all druggists, price 50 cents per box.

FREE TO WOMEN

To prove the healing and cleansing power of **Paxtine Toilet Antiseptic** we will mail a large trial package with book of instructions **absolutely free.** This is not a tiny sample, but a large package, enough to convince anyone of its value. Women all over the country are praising Paxtine for what it has done in **local treatment of female ills,** curing all inflammation and discharges; wonderful as a cleansing vaginal douche, for sore throat, nasal catarrh, as a mouth wash, and to remove tartar and whiten the teeth. Send to-day; a postal card will do.

Sold by druggists or sent postpaid by us, 50 cents, large box. Satisfaction guaranteed. THE R. PAXTON CO., 201 Columbus Av., Boston, Mass.

HOMEOPATHIC medicines, fresh and active, prepaid to any part of the U. S. FREE SAMPLE of Digestive, Headache or Liver Tablets. Our valuable 152-page Medical Guide sent free. Agents Wanted. RADWAY BROS. CO., (Estab'd 1866) 55 Wabash Ave., Chicago.

FARM AND GARDEN

A NUT OF INTEREST.

Growing Pecans for Market Is an Industry Having Quite a Pronounced Boom.

One of the latest industries to be boomed is pecan growing. Some enthusiasts even see in this valuable nut a rival as a money-maker to the peach.

Botanically, the pecan (hicoria pecan) belongs to the hickory family. The tree is one of the largest of the forest, growing from 75 to 170 feet high, with wide spreading branches and symmetrical cone-like top.

The nuts are generally oblong and vary in weight from 25 to over a hundred per pound. The shells are relatively thin and much more easily cracked than those of the common hickory nut.

The pecan is found native in river bottoms from Iowa and Kentucky southwest into Mexico, and seems to prefer a moist, rich soil. It is

PECAN (HICORIA PECAN).

successfully grown, however, in many other states and on a variety of soils. the Michigan station reports that pecan trees obtained from Iowa nuts have grown well at the South Haven substation since 1890 and proved entirely hardy. The [illegible] Texas, however, has [illegible] tion [illegible] as far north as Iowa even with [illegible] winter.

Groves of pecans will not be commercially successful north of parallel 40. Pecans are grown on a commercial scale in California, and orchards have been planted in a number of southern states. Texas and Louisana at present furnish the bulk of the annual crop, mostly from native trees.

Florida is believed to be well adapted to the growth of pecans, especially in the western and northern parts, and there seems to be opportunity for a considerable extension of the industry. Trees grow in Florida on a number of soils, varying from the black hummock to the less fertile high pine lands. On the richer soil the trees seem to develop wood at the expense of the fruit, while on poor soils the trees make less wood and bear more fruit. A Georgia grower stated that he had found sandy loam soils with a clay subsoil the best for pecans.

THE USEFUL CORN PLANT.

New Ways in Which Stalk, Leaves, Pith, Tassels, Husks and Cobs Are Utilized.

A long course of experiments, carried on at Kankakee, Ill., under the encouragement of the United States department of agriculture, have determined that good use may be made of the entire corn crop, not the grain merely but the stalks, leaves, pith, tassels, husks and cobs as well. Different varieties of paper of good grade can be profitably manufactured from various parts of the plant. One kind is made from the hard shell of the stalk, another from the pith and a third from the husk. From the pith is turned out the finest grade of oil paper, almost equal to linen paper.

A machine has been invented which will take the corn stalk, as it grows, husk the ear, separate the husk from the stalk and then remove the shell from the pith. The manufacturers will send this machine into a field and propose to the farmer to buy his corn crop as it stands. If the farmer wishes his corn after it has been husked, he can have it, otherwise it will be purchased and marketed by the owner of the machine, who will convert all the remaining portion of the plant into some form of manufacture.

ALL AROUND THE FARM.

Farm for profit rather than crops.

A deep furrow makes a full crib.

A poor seedbed makes an empty barn.

"No humus, no hominy," as the wise farmer says.

Thrifty weeds on a farm indicate an unthrifty farmer.

A fence made of farm implements typifies an unprogressive farmer.

No manure for crops, a whip for the horses, and poverty for the farmer.

Count the cost of each crop beforehand, and figure the profit afterward.

Because of the scarcity of labor, some California fruit growers are tearing out their peach orchards and planting to alfalfa.

About the only public lands open for homestead settlements in California are the arid regions, says an official of the land office department.—Farm and Home.

GET THE VERY BEST.

The Farmer Who Puts Himself Into His Work May Rest Assured of Good Results.

Few of us get the best there is in our farms. That is because we do not put the best there is in us into them. There isn't much use in expecting great things on the farm unless we are willing to plan, work and study how to get those great things. How shall we go at it to do that? asks E. L. Vincent in Farm and Fireside.

In the first place, the soil must be in a good state of fertility. This means that we have carefully saved up every particle of barnyard manure we have, and have seconded this effort by a judicious use of commercial fertilizer. It means, too, that we have not previously cropped the land to death. Then, we will plow thoroughly. Not one man out of ten in this country knows how to plow, or, if he does, he has not the grit and the gumption to do it. Once in a while we meet a farmer who insists that his part of the farm work shall be done thoroughly. He is on the way to success. It was an old Scotchman who said, "Ye dinna ken how to plow in this country; ye on'y scratch the groon." And that is about what most of us farmers do—we scratch the ground.

And again, to get the best there is in our farms we must use the harrow more faithfully. The farmer has no better tool than a good harrow. I say a "good" harrow because hosts of farmers have not such a thing as a first-class harrow on the place. They are working away with the same old V-shaped "drag" their fathers used, or else have picked up at some sale a worn out thing not worth bringing home. No good work can be done with such a tool. Harrows of an up-to-date pattern are reasonable in price nowadays, and every farmer ought to have one or more.

Good, clean seed is a requisite, too. No use to sow seed that will not grow or that is full of weed seed. This may mean the purchase of a fanning mill, to be used in recleaning seed. We may better do this than to seed our farms down with foul weeds.

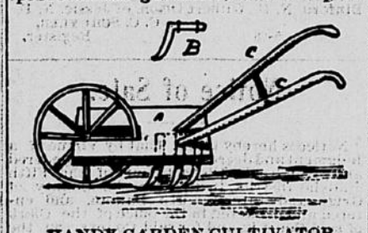
But, finally, we will fail after all if we do not keep the weeds down in every crop that can be cultivated. This means steady work for a few weeks in the spring of the year until the potatoes have been hilled up and the corn is too large to admit of working a horse through it. But the end tells the story.

Other things being equal, the man who puts himself into his work as I have here described may rest assured of a good crop—the best the soil will produce. And that ought to make him happy.

GOOD SOIL CULTIVATOR.

Homemade Machine, Not Very Handsome in Appearance But of Great Practical Value.

Now that garden crops are planted almost exclusively in rows, a tool that will clean out the weeds, stir the soil around the plants and by making a good surface mulch prevent the loss of moisture to some extent, is essential for the proper care of the garden. The wheel hoe or cultivator is usually used for this purpose by the professional gardener, but the price



HANDY GARDEN CULTIVATOR.

is generally considered rather high by the ordinary farmer or amateur. The work the factory made machines do, however, is about perfect.

This machine, although homemade and not very handsome in appearance, does the work as well as a $6 or $8 tool, and costs not more than 40 cents to make. For a wheel, take the fly wheel of an old sewing machine, about one foot in diameter, and put a round bolt tightly through the axle. Then take a piece of plank, (a), 20x10 inches, and cut as shown, boring holes for the axle where marked. After the wheel is set in place, it should turn easily and steadily, if balanced properly. For the handle (c c), cut out and round from a piece of plank two pieces, or use any that may be otherwise obtained. Then get a blacksmith to make three teeth (b) out of a piece of spring steel one inch wide and eight holes are drilled through them for screws.

One tooth should be placed about six inches behind the wheel and directly in the center, the other two being four inches behind the first and the same distance from the center tooth. When this cultivator is pushed through the rows, it should run with little pressure from the operator, clearing out the weeds and stirring the soil at the same time. Though not very handsome, this homemade arrangement does the work well and if given two coats of brown or green paint, will be improved in appearance.—Edgar Mackinley, in Farm and Home.

Not Much of a Dog.

He wasn't much of a dog, and yet he chased the cow that was not much used to dogs through a barbed wire fence, cutting her so that the owner was compelled to kill her to put her out of her misery. He chased a flock of sheep and the town had to pay $15 to make good the loss to the farmer who owned the sheep. He worried every animal on the place and kept everybody awake at night; and yet—he wasn't much of a dog after all.—Farm Journal.

A Sensational Case.

Alston, Mich., May 25th.—Houghton County has never witnessed a more striking medical case than that of Mr. James Culet of this place.

Mr. Culet had spent a small fortune with the best physicians in the county and in addition to this he has tried every medicine he could hear of.

He had a very bad case of Rheumatism and Kidney Trouble, from which he had suffered for twenty years. Nothing he could get seemed to do him any good, and he was gradually growing worse.

He has no Rheumatism now and explains it thus:

"One day I happened to see an advertisement of Dodd's Kidney Pills and decided to try them.

"I made up my mind to give them a good fair trial, as my case was a very bad one and was of over twenty years' standing.

"I used altogether 42 boxes and I can truthfully say that they have driven out every trace of the Rheumatism.

"I feel like a new man, and I can and do most heartily recommend Dodd's Kidney Pills for Rheumatism and Kidney Trouble."

A Test.—"He has been mentioned as a candidate for office very frequently." "Yes," answered Farmer Corntossel; "the only trouble is that everytime anybody mentions him, the other fellers laugh."—Washington Star.

It Cures While You Walk.

Allen's Foot-Ease is a certain cure for hot, sweating, callus, and swollen, aching feet. Sold by all Druggists. Price 25c. Don't accept any substitute. Trial package FREE. Address Allen S. Olmsted, Le Roy, N. Y.

Be courteous to all, but intimate with few, and let these few be well tried before you give them your confidence.—Washington.

I am sure Piso's Cure for Consumption saved my life three years ago.—Mrs. Thos. Robbins, Norwich, N. Y., Feb. 17, 1900.

Self-confidence is apt to mark the coward.—Ram's Horn.

To Cure a Cold in One Day

Take Laxative Bromo Quinine Tablets. All druggists refund money if it fails to cure. 25c

A man's temper improves with disuse.—Chicago Daily News.

for cheap rates to California: $30.00 from St. Louis, $25.00 from Kansas City. These rates will be in force June 15th. Don't neglect this opportunity. Address or call on Katy agent, or write to S. G. Warner, G. A., Katy Flyer. Ask for information. Address "Katy," 504 Wainwright, St. Louis, Mo.

Nothing But Luck.

Speck—Meeker is certainly a lucky individual.

Sawun—What's the explanation?

Last fall he tumbled into an open sewer and recovered $5,000 damages from the city, and yesterday he fell out of a third-story window and lit on his mother-in-law.—Chicago Daily News.

"The Heavy Roll, Kitchen, Xtra" stoves make no smoke, smell, soot, ashes or excessive heat. Always look for the name Herald.

The reward of one duty is the power to fulfill another.—Eliot.

You can do your dyeing in half an hour with Putnam Fadeless Dyes.

Composition is essential to success.—Ram's Horn.

It has been estimated that between [illegible]000 and 16,000,000 persons in the United States take a vacation every summer. They spend between [illegible] and [illegible]000,000,000 yearly. Journeying [illegible] great deal of money [illegible] recreation, but the [illegible] per capita may be somewhat less on account [illegible] Chicago, Milwaukee & St. Paul Railway.

From July 1 to 10 this line will sell tickets to Colorado and return from Chicago for $[illegible]. This will enable many people to spend summer's outing at slight expense. Colorado summer resorts are cooler than those ashore.

For scenic beauty the Rocky Mountains [illegible] the world round. The most attractive spots among these peaks are beautifully pictured and faithfully described in a new booklet published by the passenger department of the Chicago, Milwaukee & St. Paul Railway. It will be sent on receipt of [illegible] cents to pay postage.

Through train service, Chicago to Denver, every day via the Chicago, Milwaukee & St. Paul and the Union Pacific lines. A. Miller, General Passenger Agent, Chicago.

The best credit [illegible] get.—Atchison Globe.

In this line all we ask is your opinion.

With the old surety,

St. Jacobs Oil

Lumbago and Sciatica

There is no such word as fail. Price, 25c. and 50c.

MORE than one million homes have been painted with WEIR'S BAVARIAN WHITE LEAD. [illegible] states and territories and valuable points on house painting, [illegible] FREE to those writing for "FACTS ABOUT WHITE LEAD." [illegible] WEIR BROS., St. Louis, Mo. Ask your merchant for Bavarian White Lead.

LIFE IS SWEET

even to the farmer, with his endless trouble and worry about weather, crops and insects.

A man can forget his business cares, but he cannot forget a sickness that stays with him (or any member of his family) constantly, day and night.

And if, after trying many different kinds of medicines and drugs, his sickness still keeps on, a man begins to feel as if all his work was in vain.

Life is sweet—but only if you can enjoy it.

If you are sick, or suffer in any way from weakness of any organ of your body, please read the following very carefully, for it may be that we can point out to you a way, both pleasant and safe, by which you can be relieved from pain and sickness, and your life made worth enjoying:

In the first place, put out of your mind the idea that disease is a NAME.

The name is nothing. It hardly matters at all WHAT, you think, or others say, you are sick from.

WE say, and the most advanced medical science of the day says, that if you are sick, IT IS BECAUSE YOU ARE WEAK.

And the very first thing to do, naturally, is to BUILD UP YOUR STRENGTH.

Now, don't go away with the notion that because you have a good strong muscular frame, you are therefore SAFE.

You may be strong PHYSICALLY, but weak VITALLY.

Your internal arrangements need building with Ozomulsion.

Ozomulsion is concentrated, bottled vitality. A Blood-Making Food.

By taking it as a building, medicated, vitalizing food, your organs will be able to get rid, in nature's way, of any disease that now affects them.

Ozomulsion Food is made of the purest cod liver oil, impregnated with vitalizing salts, which regenerate the entire constitution.

Get well; get strong; enjoy yourself.

Trust your health to Ozomulsion.

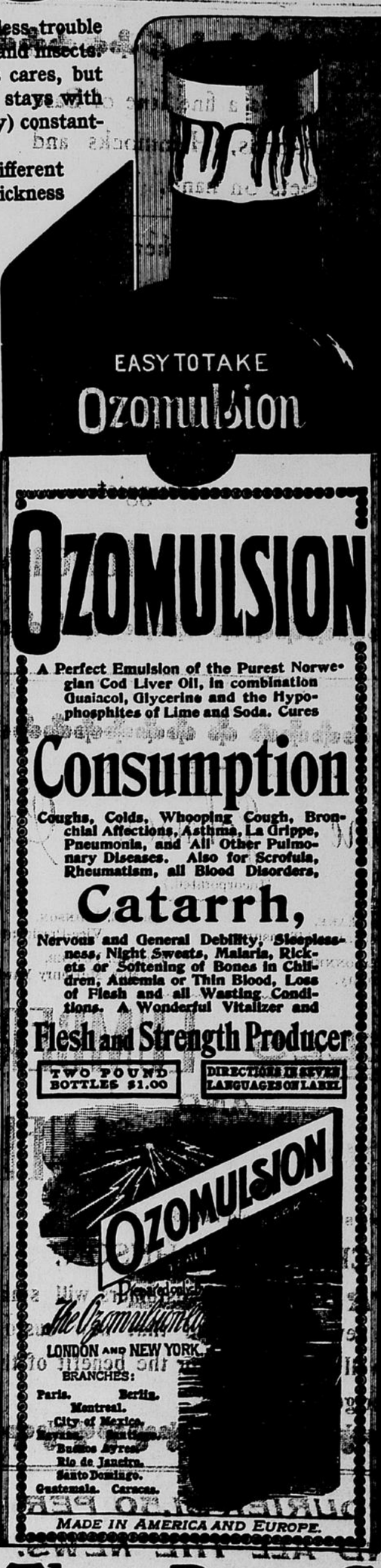
For women and children, weak, pale, Consumptive, thin and sick, Ozomulsion will do wonders. It Cures Consumption.

Try It Free

To anyone who asks, we will send a large Sample Bottle, Absolutely Free by Mail Prepaid. It is the Food Physicians prescribe and use The Year Round in their own Families and Practice and Druggists sell in Large Bottles Weighing Over Two Pounds.

Send your name and complete address (by letter or postal card) to

Ozomulsion Food Co.
98 Pine Street, New York



The Food That Does Good