

# FOR THIRTY YEARS

## Congressman Meekison Suffered With Catarrh—Read His Endorsement of Pe-ru-na.



CONGRESSMAN MEEKISON, OF OHIO.

Hon. David Meekison is well known, not only in his own State but throughout America. He began his political career by serving four consecutive terms as Mayor of the town in which he lives, during which time he became widely known as the founder of the Meekison Bank of Napoleon, Ohio. He was elected to the Fifty-fifth Congress by a very large majority, and is the acknowledged leader of his party in his section of the State.

Only one flaw marred the otherwise complete success of this rising statesman. Catarrh with its insidious approach and tenacious grasp, was his only unconquered foe. For thirty years he waged unsuccessful warfare against this personal enemy. At last Peruna came to the rescue, and he dictated the following letter to Dr. Hartman as the result:

"I have used several bottles of Peruna and I feel greatly benefited thereby from my catarrh of the head. I feel encouraged to believe that if I use it a short time longer I will be fully able to eradicate the disease of thirty years' standing."—David Meekison, ex-Member of Congress.

THE season of catching cold is upon us. The cough and the sneeze and nasal twang are to be heard on every hand. The origin of chronic catarrh, the most common and dreadful of diseases, is a cold.

This is the way the chronic catarrh generally begins. A person catches cold, which hangs on longer than usual. The cold generally starts in the head and throat. Then follows sensitiveness of the air passages which incline one to catch cold very easily. At last the person has a cold all the while seemingly, more or less discharge from the nose, hawking, spitting, frequent clearing of the throat, nostrils stopped up, full feeling in the head and sore, inflamed throat.

The best time to treat catarrh is at the very beginning. A bottle of Peruna properly used never fails to cure a common cold, thus preventing chronic catarrh.

While many people have been cured of chronic catarrh by a single bottle of Peruna, yet, as a rule, when the catarrh becomes thoroughly fixed, more than one bottle is necessary to complete a cure. Peruna has cured cases innumerable of catarrh of twenty years' standing. It is the best, if not the only internal remedy for chronic catarrh in existence.

But prevention is far better than cure. Every person subject to catching cold should take Peruna at once at the slightest symptom of cold or sore throat at this season of the year and thus prevent what is almost certain to end in chronic catarrh.

Mrs. A. Snedeker, Cartersville, Ga., writes:

"I saw that your catarrh remedy, Peruna, was doing others so much good, that I thought I would try it and see what it would do for me. My case is an old one and I have none of the acute symptoms now, because I have had the disease so long that I had none of the aches and pains, but a general rundown condition of the whole body—sore nose and throat and stomach. I had a good appetite but my food did not nourish my system. I had come down from 140 to about 75 pounds in weight. I now feel that I am well of all my troubles."—Mrs. A. Snedeker.

Send for free book on catarrh, entitled "Winter Catarrh," by Dr. Hartman. "Health and Beauty" sent free to women only.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, O.

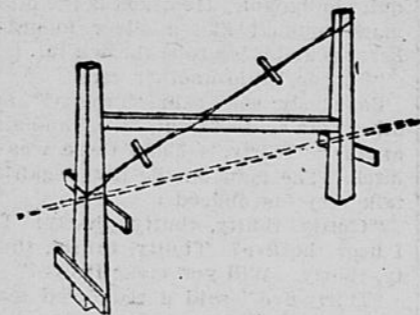
# ROAD AND FARM IMPROVEMENT

## DURABLE WIRE FENCE.

Plan of Building That Has Been Tried for Years and Always Given Good Satisfaction.

Take a line with rings on each end; have line just so long that from center to center of rings is one rod. Stake off; this is all right for a horse and cattle fence, for sheep and hogs set the posts half a rod apart. By having the posts a rod or half rod apart it makes it nice about calculating the amount of land in field.

The end posts should be hedge or mulberry with roots or large knot or pieces spiked on lower end of post so that when set and the dirt well tamped in four feet deep it will be perfectly solid. Where the fence crosses a low place posts should be used that have roots, large knots or pieces spiked on them



OUTLINE OF THE FENCE.

that they may not pull up. Have the end posts well braced with a strong red elm pole and a No. 12 wire like this. The brace pole should be off the ground a few inches at the second post that it may not rot off and weaken the fence. With an iron rod twist the brace wires together above and below the brace. Should the fence be 10 rods or more long put braces in the middle of fence like Fig. 2.

To unwind the spool of barbed wire or roll of woven wire take an iron shaft—an old buggy axle will do—and run it through the spool and let axle rest on wagon bed just in front of the hind standards of wagon. Run a small wire around each standard and the buggy axle and that will keep spool of wire from bouncing about too much. Take the end gate out of wagon and run out a little of the wire (wire should be placed on axle so that it will unwind from under side) and fasten securely to one of your end posts. Now drive along your line of posts and the wire will un-



SIMPLE METHOD OF BRACING.

wind. When you reach the farther end get one wheel, I prefer a hind wheel, in line with where you want to stretch the wire, brace and chunk your wheels all but the one you intend to stretch the wire with. Take a strong chain with a ring on one end and a hook on the other (a stay chain will do), run the chain around wagon spoke and through the ring and hook in the bolt hole of a sickle guard of binder or mower; hook the guard (which fits just right over the barbed wire) and now you are ready to stretch the wire. Turn the wagon wheel by hand and as you turn the chain winds up on the hub of the wheel.

When you have stretched your wire as tight as you want it brace your wheel well and then staple wire to posts. If you want to stretch woven wire after having unwound it staple securely a strong stick as long as the woven wire is high, leave the guard off and fasten chain to middle of stick and then stretch as you would barbed wire. I have tried this plan of building fence for a number of years and it has given good satisfaction.—Frank G. Hughes, in Prairie Farmer.

## FENCE RAIL PHILOSOPHY.

Opportunities are often hand-made. The small tree often bears the best fruit.

No job is impossible to a willing worker.

It's too late to spare when the granary is bare.

If you want to get at the kernel first crack the shell.

If all work was as easy as lying everybody would be kept busy.

The best time to read a note or a mortgage is before you sign it.

To stand upright a man, like a sack, must have something in him.

It's a thrifty farmer who drives his work and is not driven by it.

The man who thinks every other man is a liar is most generally a liar himself.

It's a crackin' good hand that sticks to his work like a pig to a rough fence in flea time.

In searching for knowledge a man frequently finds out something he didn't care to know.

It's the findin' out of some things we don't want to know that makes the gettin' of knowledge disagreeable.—Farm Life.

A Cheap Wire Stretcher. A cheap and very serviceable wire stretcher can be made as follows: Take a five-sixteenths inch rope about seven feet long, on one end put a cleft and fasten to a spoke in a rear wagon wheel; brace the wagon so that it cannot run back. On the other end of the rope put a mower guard and put wire in this; if it should slip put a claw hammer on wire in front of the guard and behind a barb; now turn the wheel and the hub will act as a windlass, and the wire can be stretched very tightly and quickly.—Midland Farmer.

## POSSIBILITIES IN CORN.

Next to the Selection of Seed Comes the Preparation and Cultivation of the Soil.

We only raise a little more than half a good ear of corn to the hill in the United States, assuming that a good ear should weigh a pound. In some of the best corn sections the crop equals an ear to the hill, but there are many states where it is exceptional to find an ear weighing over half a pound, and it is a good corn field where there are as many stalks bearing ears of half a pound or over as there are of stalks that bear only nibbins or nothing at all. To anyone who has never investigated the matter closely it will be a surprise to count the number of barren stalks in a row. If we select good seed corn from an average field, taking only ears that weigh one pound or over, about 50 per cent. of the kernels planted will produce ears as good as or better than the original. From 15 or 20 per cent. will grow barren stalks, and the balance will produce all sizes from nibbins to fair ears.

It is customary to plant at least three kernels to the hill, and if we could grow three good ears on each hill we would have about 150 bushels to the acre. Here is a problem for the implement manufacturer to consider carefully. Next to the selective breeding of seed, the most important thing in the production of a good corn crop is the work of the implements and machines used in preparing the ground and cultivating the growing crop. There has been a great improvement in the past 20 years in the construction of planters, cultivators and other implements used in the corn-field, and there is room for equally great progress in the coming generation, especially in the direction of thoroughness in cultivation. The corn crop is the most valuable product of the American continent, and it would be almost twice as great if we could only raise the equivalent of one good ear to the hill. If we could average two ears to the hill our corn crop would exceed the world's crop of all other cereals.—Implement Age.

## GOOD SOIL FOR CORN.

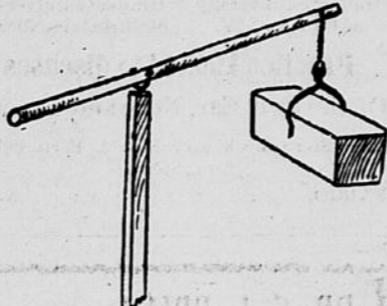
In Certain Conditions It Is Far Better to Prepare Land in Spring Than in Fall.

Good tillable soil has always as much to do in growing a crop of corn as the seed. The ground may be plowed either in the fall or in the spring with success. This, however, must be decided by the farmer himself in planning his work. Fall plowing on the average will produce a somewhat larger yield of both fodder and corn, but the ground must be given extra cultivation in the spring to prevent the weeds from starting. If the farmer does not have the time to do the necessary cultivation, it is better for him to plow the ground in the spring. The extra cultivation, however, puts the soil into a more tillable condition and retards the loss of moisture by evaporation more than spring plowing will do. If corn land is to be spring plowed it is a good plan to wait until nearly planting time so as to give the weeds a good start before turning them under. After plowing, pack the ground thoroughly with a harrow or a sub-surface packer to get the bottom of the furrow slice compact before the seed is put in it. Plant three to five kernels in a hill so as to allow some plants to be destroyed by harrowing without making the stand too thin. Harrowing can be carried on successfully until the corn has reached a height of four or five inches.—E. G. Schollander, in Farmers' Review.

## ICE HANDLED EASILY.

Convenient Derrick Arrangement Whereby One Man Can Manipulate Heavy Cakes.

Farmers will find that one of the best ways to load large cakes of ice conveniently is to make a derrick as shown in the cut, and lift it from the water and



DERRICK FOR LIFTING ICE.

swing it onto the sled. The pin that goes into the upright post is made forked, with a bolt running through the lever and ends of the fork. The lower part moves in the socket bored in the end of the upright post. A chain is fastened to the end of the lever with a pair of tongs attached, to lift the ice. One man can easily load heavy cakes with this arrangement.—Orange Judd Farmer.

New Potato Bug Destroyer. If the inventors keep on turning out machinery to do the farmer's work for him the problem of hired help will be solved for the large farmer at least, as he can afford to buy the machinery and pay the good wages necessary to command the men to run it. The latest idea is the machine for destroying potato bugs in a wholesale way, going over acres of ground in a day and adapted for use on single or double rows of plants. It also embodies features of adjustment which accommodate it to variations in height of the plants by simply gripping levers pivoted beneath the handles by which the machine is guided. The movement of these levers raises or lowers the blade supporters, and as the blades rotate rapidly they strike the plants and knock the bugs into the troughs on either side of the machine.—Milwaukee Sentinel.

## Three Doctors' Opinions.

Buffalo, N. Y., Feb. 15.—Physicians have accepted Dodd's Kidney Pills as the standard remedy for diseases of the kidneys and kindred complaints. H. H. Dunaway, M. D., of Benton, Ill., says: "Dodd's Kidney Pills cured me of Diabetes after everything else had failed and I was given up to die. I have since prescribed them in my regular practice for every form of Kidney Trouble and have never as yet known them to fail."

Jesse L. Limes, M. D., St. John, Kansas, says: "I prescribed Dodd's Kidney Pills for the little daughter of Mr. and Mrs. McBride of this place who suffered from Epileptic fits following Scarlatina; results were miraculous; I have never seen anything like it."

Leland Williamson, M. D., Yorktown, Ark., says: "Dodd's Kidney Pills are the best medicine I know of for all forms of Kidney Disease. I believe in using the remedy that relieves and cures my patients, whether ethical or not, and I always prescribe Dodd's Kidney Pills and can testify that they invariably accomplish a permanent and perfect cure of all Kidney Complaints."

Hojack—"You don't really imagine that girls actually propose sometimes, do you?" Tomdik—"Well, all I know is that this is last year, and some girls are getting married who never got married before."—Town Topics.

## 10,000 Plants for 10c.

This is a remarkable offer the John A. Salzer Seed Co., La Crosse, Wis., makes. They will send you their big plant and seed catalog, together with enough seed to grow

- 1,000 fine, solid Cabbages,
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This great offer is made in order to induce you to try their warranted seeds—for when you once plant them you will grow no others, and

ALL FOR BUT 10c POSTAGE, providing you will return this notice, and if you will send them 20c in postage, they will add to the above a package of the famous Berliner Cauliflower. [K. L.]

Playing the fool is said to be a universal accomplishment.—Chicago Daily News.

## To Wash China Silk Dresses.

China silk dresses may be quite successfully washed. Remove all spots with benzine. Then wash in warm soapsuds, rubbing between the hands; rinse through several waters. Use Ivory Soap and do not rub the soap on the dress. Wring as dry as possible, wrap in a sheet or clean cotton cloth and when partially dry, iron. ELEANOR R. PARKER.

Some second thoughts occur several minutes later.—Chicago Daily News.

## Rheumatism's Killing Pain

left in quick order after taking 10 doses of Dr. Skirvin's Rheumatic Cure in tablet form. 25 doses for 25c, postpaid. WIS. DRUG CO., La Crosse, Wis. [K. L.]

Children should be seen more and talked about less.—Chicago Daily News.



Miss Nellie Holmes, treasurer of the Young Woman's Temperance Association of Buffalo, N. Y., strongly advises all suffering women to rely, as she did, upon Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM:—Your medicine is indeed an ideal woman's medicine, and by far the best I know to restore lost health and strength. I suffered misery for several years, being troubled with menorrhagia. My back ached, I had bearing-down pains and frequent headaches. I would often wake from restful sleep, and in such pain that I suffered for hours before I could go to sleep again. I dreaded the long nights as much as the weary days. I consulted two different physicians, hoping to get relief but finding that their medicine did not seem to cure me. I tried your Vegetable Compound on the recommendation of a friend from the East who was visiting me."

"I am glad that I followed her advice, for every ache and pain is gone, and not only this, but my general health is much improved. I have a fine appetite and have gained in flesh. My earnest advice to suffering women is to put aside all other medicines and to take Lydia E. Pinkham's Vegetable Compound."—Miss NELLIE HOLMES, 540 No. Division St., Buffalo, N. Y.—\$5000 forfeit if original of above letter proving genuineness cannot be produced.

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