WOMEN'S WOES.



uch of women's daily woe is due to kidney trouble. Sick kidneys cause backache, languor, blind headaches, dizziness, insomnia and urinary troubles. To cure yourself you must cure the kidneys. Profit by the experience of others who

have been cured. Mrs. William W. Brown; professional nurse, of 16 Jane St., Paterson, N. J., says: "I have not only seen much suffering and many deaths from

kidney trouble, but I have suffered myself. At one time I thought I could not live. My back ached, there were frequent headaches and dizzy spells, and the kidney secretions were disordered. Doan's Kidney Pills helped me from the first, and soon relieved me entirely of all greatest reasons why the home the distressing and painful symptoms."

A FREE TRIAL of this great kidney medicine which cured Mrs. Brown will be mailed on application to any part of the United States. Address Foster times much more than is necessary. Milburn Co., Buffalo, N. Y. For sale It is always best to decide in advance, by all druggists; price 50 cents per box





Of the Skin and Scalp **Speedily Cured by Baths with** 

To cleanse the skin of crusts and scales, and soften the thickened cuticle, gentle applications of CUTICURA Ointment to instantly allay itching, irritation, and inflammation, and soothe and heal, and mild doses of CUTI-CURA Pills to cool and cleanse the blood.

A single SET, costing but One Dollar, is often sufficient to cure the most torturing, disfiguring skin, scalp, and blood humors, eczemas, rashes, itchings, and irritations, with loss of hair, from infancy to age, when all else fails.

Sold throughout the world. Cuticura Soap, 25c., Ointment, 50c., Resolvent, 50c. (in form of Chocolate Coated Pille, 35c., per vial of 60). Depots: London, 2f Charterhouse Sq., Paria, 5 Rue de la Paix; Boston, 13f Columbus Ave. Potter Drug & Chem. Corp., Sole Proprietors. and Sead for "The Great Humor Cure."



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W.L. Douglas shoes are worn by more men than any other make. The reason is, they hold their shape, fitbetter, wear longer, and have greater intrinsic value . than any other shoes.

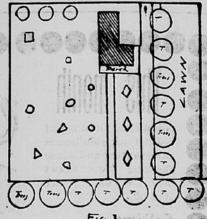
Bold Everywhere.



PLANTING THE FARM YARD.

How to Make Home Grounds Attractive and a Source of Never Ending Pleasure.

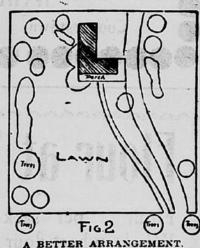
This is the time of year when those persons who wish to make improvements in their home surroundings have the matter most in their minds It is a suitable time for looking into the future and making plans. The carefully considered preparation of plans is much more important than most people imagine. One of the grounds on farms and in suburban neighborhoods are so unattractive is that the work is not planned. Enough as far as possible, what the arrangement of the grounds is to be, to put



F16.1 TYPICAL FARMYARD ARRANGE-MENT.

this down on paper, and to follow the plan through a series of years. We strongly recommend this undertaking to anyone who is seriously inclined to secure a good result.

In a great many places one farmyards upon which a considerable amount of work has been spent, but which are highly unattractive by reason of the fact that the materials are all jumbled into an unintelligible mess. Each shrub, each rose bush, and each flower bed has a separate history. Their different origins and different intentions show on their faces. They have no sympathy with one another. They are not striving together to make one harmonious composition, but each one is looking put for itself. They come from different places. The red rose was brought from the old home



where mother used to have a garden. The althea was bought in a nursery at the time father visited at Geneva. The forsythia was a layer donated by a kind-hearted neighbor who has a large clump in her yard. The climbing rose (Baltimore Belle) was left' by a fruit-tree agent in payment for his dinner. Each one of these separate articles when it came was stuck into the ground wherever there was a convenient opening.

This outline is the history of at least one sees. The general result is fairly well represented in figure 1. Here there are two rows of trees at right angles to one another, which are fine and shady and form the chief features of the place. However, they shade the house too much, allowing no outlook in any direction. There are some formal flower beds cut into the lawn just where the best grass ought to be. The walks and drives are stiff and straight. The shrubs stand about singly and at a distance from one another, as if they were afraid to associate with their neighbors. What little lawn there is, is on the other side of the road and behind the row of trees. It is useful only as a croquet ground. It is more than likely that in some spring there will be wires attaches along the tree trunks, and the lawn will be used for a yard for penning up calves.

In figure 2 we have a rough sketch of the same piece of ground and the same house. The arrangement of materials on the grounds, however, follows a more agreeable plan. The roads and walks are gracefully curved -perhaps too much so; but at any rate they turn aside and leave room for a much larger stretch of grass on the left of the house. The trees are placed in scattered groups and the shrubbery anyone can see that the latter ar- plan. shrubs and flower beds all complete, the difference would be much more striking.-Country Gentleman.

In selecting a young animal for chosen.-Midland Farmer.

MIGHTY STEP FORWARD.

he General Introduction of the Telephone Has Proved of Considerable Profit to Farmers.

The time is not far distant when nearly every farmer will have a telephone in his house, to be used, not ican system of appointment by cononly in his business, but for conven- gressmen. If a Japanese boy wishes ience and pleasure as well. About five to become a naval cadet he must first years ago the wholesale introduction of graduate from the public schools. Then the 'phone in the agricultural district he must pay his own expenses at a commenced, and now it is considered naval preparatory school. These exan essential part of farm equipment by penses are equivalent, in American at least a half-million farmers. It is money, to about six dollars a month. particularly useful to large farms and Having graduated from the preparacattle ranges and to the truck farmers tory school, says Teiichi Yamagata's near the large cities and in the south, "A Japanese Middy" in St. Nicholas., The advantages are many, and the cost he forthwith enters the naval college, is slight. The telephone enables the and from that time on his expenses farmer to keep in closer touch with the are borne by the government. Any markets than even the daily papers Japanese boy who has the necessary permit. He is thus able to take ad- mental, physical and financial qualivantage of a rising market and send fications can thus become a naval caon his produce or stock, or hold off in det. the face of declining prices. Out in It was a very proud moment for the began to clean up the broom corn at donned the uniform of the Kanda ly. The result was that before the jacket with a single row of brass buttheir crop. The telephone is of great cap of English pattern. delay may mean the loss of an entire season's profits. The telephone on forward.-Midland Farmer.

VOTED FOR NATIONAL AID.

Senate Committee Will Report in Favor of Uncle Sam Helping Improve the Highways.

general victory in congress. The sen- drawing, including map work—surely cided to report favorably on the Gal- years of age! I feel sure that all of linger-Latimer bill, which is a dupli- my young American readers will cate of the bill introduced in the house democratic senators, Bate, of Tennes see; Money, of Mississippi; Simmons, North Carolina, and Latimer, of South Carolina, and two republicans, discipline was not unnecessarily was that of Senator Proctor, of Vermont.

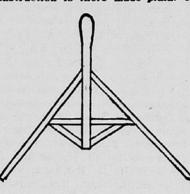
Before voting on the bill the committee adopted several amendments affecting the distribution of the road improvement fund among the states. One, which was insisted upon by Senator Foster, of Washington, provides that \$100,000 is to go to each state, and that the balance is to be divided in proportion to population. Another amendment provides that in making tion the cities of over 10,000 shall not be counted. This amendment is likely to provoke strong opposition, on the ground of injustice to those states which contain large cities. It will be charged that this provision amounts to very much the same thing as "taxation without representation."

On the whole, however, this report must be considered as a great forward step, and an indication that ultimate success will be achieved in the near

ACCURATE LAND MEASURE. It Is Quite Easy to Make and More

Effective Than the "Stepping-Off" Method.

Having much land measuring to do requiring greater accuracy than just 'stepping it off," I made the simple affair shown in cut. The manner of three-fourths of the farmyards which construction is there made plain. Use



- 6"

USEFUL LAND MEASURE. hard wood pieces; five-eighth or threefourth by one inch is heavy enough. Have lower points exactly five feet six Grasp top lightly in hand, holding at to front, moving off in direction to be measured. Continue to revolve measure, changing points in advancing. It takes three lengths to the rod .- Robert Fredericks, in Farm and Home.

Maryland Adopts State Aid.

Maryland has just joined the list of is arranged in heavy masses. Almost states working under the state aid The legislature has approprirangement is preferable even in this ated \$200,000 to aid the counties of the cold pen and ink sketch. Could the state in improving their roads. The two places be compared, with the trees, distribution among the counties is to be made on the basis of road mileage. Maryland is also the first state to observe a "Good Roads day." The day selected was April 15. Director Dodge of the office of public road inquiries, breeding purposes, one with a gentle was the orator of the day at the celeand tractable disposition should be bration given by the state agricultural college.

NAVAL CADETS OF JAPAN.

Certain Mental, Physical and Financial Qualifications Are Demanded of Them,

Japan's system of selecting naval cadets is altogether unlike the Amer-

Illinois last year buyers from outside writer, you may be sure, when he first \$60 a ton, when a telephone manager school and became one of the four called up the farmers on his line and hundred students there. The uniform told them the market was rising rapid- was plain, consisting of a simple blue season ended they got \$240 per ton for tons, plain blue trousers and a naval

benefit in time of danger from frost, Our arms were not calculated to as it enables the farmer to receive the strike terror to even the most timid frost warnings disseminated by the heart, since they were nothing but weather bureau from 12 to 36 hours mock wooden guns. Yet we boys must in advance of the threatened freeze. have fancied that the martial spirit Information of this kind to be of value of the old-time sumural dwelt in those must be received at the earliest prac- harmless make-believe muskets, for it ticable moment, as it takes time to would have been difficult indeed to prepare to fight frost, and a few hours' find a fiercer looking lot of youthful warriors than we were at drill.

What did we study? First of all the American farm has come to stay, the Japanese and Chinese languages, and its advent marks a distinct step delving a little into the classics of both. Then we were obliged to write compositions in Japanese and Chinese, and disliked the task just as heartily as American boys do their English and Latin compositions. We were taught English also, and compositions in that language were added to our other tortures. Arithmetic, algebra, a short The friends of national aid to road course in Japanese history, a short improvements have achieved their first course in geography and free-hand ate committee on agriculture has de- this was enough for boys of 13 or 14 agree with me on this point. Elemenby Representative Brownlow. The tary military drill and instruction in vote is reported to have stood six to rowing were elective branches; but one in favor of the measure. Four there were few boys who did not take them up.

Five days and a half every week "hazing," as the term is understood

Industries-Consumption Most Common.

For centuries the tailor has been the subject of jesting pity because his trade was supposed to make him physically weak, while the stonecutter has been usually represented as the image of strength. So sailors and miners are supposed to follow dangerous trades, as indeed they do, says the Chicago Inter Ocean, if the chances of external injury alone be considered, while bookkeepers and salesmen are supposed to be in little danger from their occupations.

accidents kill one, and of all diseases with regard to deaths from consumption a life insurance expert has recently prepared a chart, from official mortality returns, which upsets many popular nothe percentages of deaths from consumption to deaths from all causes of

In the middle stand the painters and grocers, with percentages of 23.4 and

From painters the figures go down through brewers, bakers, policemen, weavers, iron and steel workers, masons, butchers, carpenters, tailors, blacksmiths, merchants, sailors, brakemen and miners, of whom only 6.4 per cent. die of consumption.

It is certainly something of a surprise to learn that the most widely fatal inches apart. Round head of handle. who must endure the most sudden and

In this connection it is interesting to

nopoly of me; I guess that's what she

were devoted to these studies. The result. Foster, of Washington, and Quay, of strict, and on the whole our life was Pennsylvania, voted for a favorable even follier than American boarding report. The only vote in opposition school life. We were a fun-loving lot of boys, and many were the pranks we played upon each other. Even our instructors did not always escape. But in this country, is unknown to Japan-

> THE UNHEALTHY TRADES. Fatalities of the Various Callings and

Disease, however, kills scores where consumption kills the most adults. And tions as to the relative healthfulness or unhealthfulness of various trades. It covers 30 leading trades, and shows workers in each.

24.2. From grocers the figures rise through liquor dealers, molders, longshoremen, potters, cigar-makers, silk workers, hatters, salesmen, plumbers, bookkeepers, brassworkers, glassworkers, printers, and stoneworkers, of whom 45.1 per cent. die of consumption.

of maladies is less likely to kill the proverbially weak tailor than the proverbially strong butcher, and that sailors. violent changes of temperature, are less side, whirl handle to bring rear point subject to consumption than printers, who can hardly work at all except in a reasonably even temperature.

note that large employers of labor are being convinced with increasing ease and rapidity that provision of clean, well ventilated, and properly heated and lighted shops is an investment that pays good dividends by increasing the contentment and preserving the health of their employes, and that in this manner the mortality of even the unhealthiest trades may be sensibly diminished.

Discouraging Competition.

May-Your flancee tells me she has a perfect trust in you, and-Ned-Trust? She has a perfect mo-

means.-Philadelphia Ledger.

"PE-RU-NA, A VALUABLE PREPARATION," WRITES DR. KEMBALL.



Peruna has cured thousands of cases vie diseases have no idea that their female weakness. As a rule, how-trouble is due to catarrh. The majority of female weakness. As a rule, how-ever, before Peruna is resorted to several other remedies have been tried in vain.

A great many of the patients have taken local treatment, submitted themselves This is not true. Catarrh is liable to attack any organ of the body; throat, bronchial tubes, lungs, stomach, kidneys and especially the pelvic organs. to surgical operations, and taken all sorts of doctor's stuff, without any Many a woman has made this dis-The reason of so many failures is the covery after a long siege of useless treatfact that diseases peculiar to the female ment. She has made the discovery that Female Trouble
Not Becognized
as Catarrh.

sex are not commonly recognized as being caused by catarrh. These organs are lined by mucous membranes. Any her disease is catarrh, and that Peruna

can be relied upon to cure catarrh wherever located. If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis.

Catarrh of one organ is exactly the same as catarrh of any other organ. What will cure catarrh of the head will also cure catarrh of the pelvic organs. Peruna cures these cases simply because Address Dr. Hartman, President of

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affections. I have taken one bottle

of Peruna myself and just feel fine.

I shall continue to take it."-Rachael

mucous membrane is subject to catarrh.

J. Kemball, M. D.

it cores the catarrh

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