



### THE MONOLITHS OF AKSUM.

Interesting Relics of a Remote Past Discovered in Ancient City of Abyssinia.

Great as is the slant of the leaning tower of Pisa, its defiance of the law of gravitation is nothing compared with that of a number of obelisks still standing on the site of an ancient city of Abyssinia. A few of these have fallen flat, a few are still erect, but others are inclined at such an angle that only an anchorage in the soil prevents their assuming a horizontal position.

This wonderful collection of monoliths is the remains of Aksum, sometimes called "The Sacred City of the Ethiopians." Mrs. Mabel V. A. Bent briefly describes them for "Records of the Past," an archaeological magazine. The tallest of these monuments is 60 feet high. Several others rise only 20 or 30 feet from the surface. On most of them there is more or less carving, and an attempt has been made to suggest the appearance of a tower or other human edifice, built of wood. The exterior of the highest is divided off as if it were composed of eight stories. Near the base is an imitation of a portal. At the top the stone is hewn so as to resemble a gable, bearing on its face a metal disk, and having on its back a representation of the sun, cut into the monument. On other obelisks there are hints of a moon, or half moon. In a few instances there is picture writing, and in at least one case an inscription which seems to be a record of a single victory or a campaign against rebels.

At the base of many of the monoliths are found the ruins of altars. On at least one is carved a vine, with leaves and grapes, which are certainly peaceful in their suggestion. However, depressions and holes in the stone lead Mrs. Bent and her husband to believe that the altars were meant for sacrifice and were shaped so that blood would drain off readily. In the center of one altar, measuring nearly eight feet by nine, is a raised platform, in which is cut a two-handed vessel, probably meant to catch the blood of a victim. Taking both the altars and the figures of the sun and moon into consideration, it is thought that the stones were con-



A LEANING MONOLITH. (It Stands on the Site of an Ancient City in Abyssinia.)

nected in some manner with religious ceremonies.

In the same neighborhood are many tombs, cut out of solid rock, one containing an elaborate sarcophagus. The form of the tombs is Greek, and there are other evidences of Greek influence upon the architecture of the region. The inscription just referred to, moreover, is cut in two different texts, Greek and Sabaeen. Obelisks are so closely associated in the public mind with Egyptian civilization that one cannot help wondering if the latter also had not some share in shaping the practices of ancient Ethiopia, which is now known as Abyssinia. The engineering appliances with which such enormous masses were transported from the quarries and lifted into place must have been the same in both cases.

It is difficult to fix the age of these obelisks at Aksum exactly. The Sabaeans were an Arabian people who extended their sway across the Red Sea several centuries before the beginning of the Christian era. Their dialect is closely akin to pure Arabic and also to what is called the Ethiopian language. As Christianity was introduced into the country about 330 or 360 A. D., it is fair to presume that the religious rites that were celebrated at the base of the obelisks of Aksum were discontinued at that time. Hence the monoliths themselves must have been erected at a still earlier period.

There are evidences of completely buried ruins of great extent at Aksum, and there is ample testimony in Roman and Persian history that the city was one of great size and importance. Nothing in the way of excavation has yet been attempted there in modern times. Were such investigation practicable, it might throw much light on the ideas which dominated Ethiopia before the dawn of Christianity.

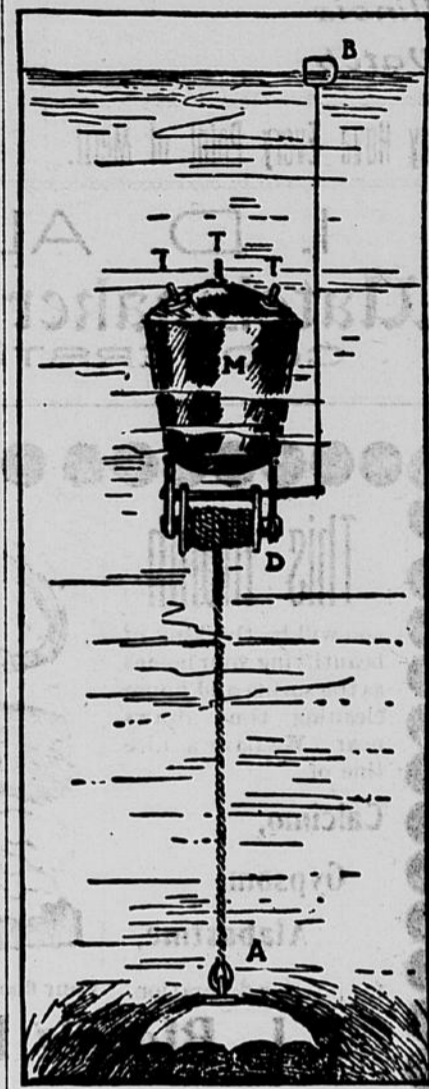
### Artificial Respiration.

A new method of producing artificial respiration is claimed by Prof. Schafer, of Edinburgh, to be much more effective in cases of drowning and asphyxiation than any other. Placing the subject in a prone position, the operator applies pressure with his hands to the lower ribs, and repeats this about 18 times a minute by swinging himself backward and forward. The common moving of the subject's arms is condemned as of little value.

### DEADLY SUBMARINE MINES.

Type of Those Used by the Russians in Harbor of Port Arthur is Shown in Cut.

Submarine mines such as those which are supposed to have sunk the Petro-pavlovsk and the Maine are of three kinds: First, observation mines, fired from shore; second, automatic mines, which explode directly when struck by a ship; third, electrical-contact mines, which on being touched by a vessel give notice to an operator on shore, who throws a switch and explodes the mine. Most submarine mines consist of a metal case, which is filled with gun-cotton or some other high explosive. The fuse is so arranged that it may be



RUSSIAN SUBMARINE MINE. (In the drawing M is the mine case containing the explosive. A is the anchor. B is the float. D, drum on which anchor rope is wound. T T are contact studs which explode the mine when touched by a vessel passing above.)

ignited by the impact of a vessel's bottom or by an electric current controlled by an operator at a distance. Where the water is shallow the mine is placed directly on the bottom and is therefore called a ground mine. In deep water it is placed in a buoyant cylinder or sphere and anchored by a rope or chain to the bottom. In this way it floats near enough to the surface to be effective, but deep enough to be invisible. The most common type and the most certain in its effect is the electro-contact mine. This consists of a heavy, cast iron hemispherical case, containing from 200 to 500 pounds of gun-cotton, dynamite or blasting gelatine, which rests on the bottom of the channel, river or sea. Attached to the mine and floating above it, near the surface of the water, is a hollow, buoyant sphere, in which is placed an electric circuit closer. Wires lead to a fuse in the ground mine and to the signal station.

### HOW INSANITY IS CAUSED.

Result of Ill Effects of Mental and Physical Stress in Centers of Population.

An interesting report recently issued by Dr. W. C. White, of the government hospital for the insane, at Washington, D. C., gives a lengthy account of the geographical distribution of insanity in the United States and its significance. He finds that the proportion of insanity "is highest where there is greatest congestion of population and therefore where the stresses incident to active competition are most severe." This view is generally accepted by alienists in America.

While hereditary predisposition is recognized as a leading cause of insanity, he believes that a quiet life is a guarantee against mental breakdown as regards some of its forms. On the other hand, the stresses of excessive study, business anxiety, loss of property, domestic calamity, excitement in love and politics are found to be definite exciting causes of insanity. The tendency to insanity is strong in those who from constitutional predisposition indulge in alcohol for long periods of time. Alcoholic insanity prevails most frequently in crowded industrial centers of population "where the struggle for income is bitterest."

Regarding ethical conditions, the interesting fact is recorded that among the North American Indians insanity is of rare occurrence. This is not because these tribes are exempt from the diseases or the vices of civilization, but because they live an easy-going outdoor life, free from care and worry for the future, and therefore free from mental overstrain. The negro, says Dr. White, remains sane despite his unhygienic surroundings so long as he stays in the country, his natural home. But when he goes into the northern states and cities and enters into active competition with the white, who is mentally his superior, he soon succumbs in the struggle.

These facts, says Dr. White, though in the main well established, are of interest in showing the ill-effects of mental and physical stress in combination with advanced civilization operating in great cities and centers of population.—Chicago American.

### A Happy Mother.

Maple Hill, Ia., May 30.—A very remarkable case occurred here recently. The people here have never seen anything like it and it may interest many others. From his infancy, Vernon, the little five-year-old son of Mr. and Mrs. J. Barfoot, of this place, has been sickly. His mother consulted a doctor, but he did not begin to improve till she tried two pills a day, began giving little Verne two pills a day. In two or three days she noticed an improvement and she kept on till he had used about two boxes when to her great joy, he was all right. Everybody remarks how much better Verne looks and Mrs. Barfoot always explains: "Dodd's Kidney Pills saved his life."

### Woes of Matrimony.

"Of course," said the husband who made a specialty of manufacturing excuses, "the truth is bound to leak out some time."

### THE ROSEBUD INDIAN RESERVATION.

382,000 Acres of Fertile and Well Watered Lands Open to Settlement.

Some two years ago the Chicago & North Western R. Co. built their Vedgick & Bonesteel line to the eastern border of the Rosebud Indian Reservation, thus securing the only direct line from Chicago, Minneapolis, St. Paul, Sioux City, Omaha and other points in the west to the fertile region which is now to be thrown open to settlement under the United States Homestead laws.

Under President Roosevelt's proclamation United States Registry Land Offices are to be opened July 5th at Yankton, Fairfax and Bonesteel, S. D., for the registration of applicants for these lands. The registration books will remain open until July 23d, and commencing July 28th, drawings will be held to determine the order in which the applicants will be permitted to make final entry and settlement. The final entry begins at Bonesteel, August 8th. No one is permitted to register or make entry to land by mail, but three points named for registration and at Bonesteel for final entry.

The lands are well watered by the Missouri, Niobrara and White rivers and are remarkably fertile, situated in the midst of the great corn belt of the Missouri Valley, where similar land is worth from \$20 to \$50 an acre. With an altitude of about 2,200 feet, they are in a region which cannot be excelled for healthfulness.

A heavy influx of people is looked for at these points of registration, and everything possible is being done by the North Western Line to spread broadcast all information that is of interest to applicants for these lands.

Complete maps and folders have been issued and are being distributed free on application to the representatives of the Passenger Department.

### Professional Ride.

"Why, your flying machine won't even leave the ground," said the man who had been induced to observe the experiment.

"Well," answered the inventor, after some reflection, "my machine may not be as much of a traveler as some of the others, but it's a heap safer."—Washington Star.

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### Extremes in Temperature.

Yeast—Did you say your friend was an even tempered man? Crimmonbeak—I should say not! Why, he gets hot under the collar and cold feet at the same time.—Yonkers Statesman.

### Elegant Train Service of the Nickel Plate Road.

The thorough development and maintenance of the up-to-date passenger service of the Nickel Plate Road leaves nothing to be desired by people who travel. Ladies traveling alone or accompanied by children will appreciate the clean and well-lighted coaches, made so by the corps of colored porters in uniform who attend the wants of both first and second-class passengers without extra charge. The dining car service of the Nickel Plate Road has become very popular with the patrons on the line and one of pride to the management. This service is conducted under the system of individual club meals. Carefully prepared menus are compiled into booklets, containing suggestions for breakfast, luncheon or supper that will not cost you more than thirty-five cents and on up to one dollar, which is the limit, hence the disbursement may vary for the appetite. Meals are also served "a la Carte." As no excess fare is charged on any train, it will be to your advantage to purchase your tickets via the Nickel Plate Route, where rates are lower than via any other line.

### Effects of Scotch Whisky.

Gunner—So you drank Scotch whisky at the banquet you saw tripe. Did you hear bells ringing in your ears? Guyer—Worse than that—I heard bagpipes.—Philadelphia Record.

### ONE OF THE UTMOST.

Even Commercial Travelers Were Not Beyond the Reach of Saving Grace.

Dan Daly, the actor, who died recently, whenever he was in New York had a great habit of attending Salvation Army meetings. He believed in the Salvation Army, and he contributed liberally to its support. Sometimes, too, he had interesting things to tell about his life. One evening, rather late, Daly and a commercial traveler entered the Fifth Avenue hotel together. Daly, with a nod toward his companion, said: "My friend and I were at a meeting of the army to-night. The captain, after his address, passed through the audience, questioning the people. Coming to my friend, he said: "'What is your business, sir?'" "I am a commercial traveler," was the answer. "'And are you saved?'" "Oh, I'm all right."

"At this reply the captain, turning to the congregation, shouted in a loud voice: "'Hallelujah! A commercial traveler saved. God can save to the uttermost!'"

### Could You Use Any Kind of a Sewing Machine at Any Price?

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### Thought He Knew of One.

Instructor (at night school)—What are some of the evils of wealth? Shaggy haired Pupil—Automobiles is one of 'em.—Chicago Tribune.

### Shake Into Your Shoes

Allen's Foot-Ease. It cures painful, swollen, smarting, aching feet. Makes new shoes easy. Sold by all Druggists and Shoe Stores. Don't accept any substitute. Sample FREE. Address A. S. Olmsted, Le Roy, N. Y.

### Scientists have discovered that a stork can fly 300 miles an hour and keep it up for 1,000 hours. Why worry about race suicide, then?—Indianapolis Journal.

### We had a cow ourselves once who swallowed an almanac and gave creamed dates.—Kennebec (Me.) Journal.

### Piso's Cure for Consumption is an infallible medicine for coughs and colds.—N. W. Samuel, Ocean Grove, N. J., Feb. 17, 1900.

A real grief needs no uniform.—Chicago Tribune.

### DOCTOR ADVOCATED OPERATION—PE-RU-NA MADE KNIFE UNNECESSARY.

MRS. EVA BARTHO, 133 East 13th St., New York City, N. Y., writes: "I suffered for three years with leucorrhoea and ulceration of the womb. The doctor advocated an operation which I dreaded very much, and strongly objected to go under it. Now I am a changed woman. Peruna cured me; it took nine bottles, but I felt so much improved I kept taking it, as I dreaded an operation so much. I am to-day in perfect health and have not felt so well for fifteen years."—Mrs. Eva Bartho.



MRS. EVA BARTHO.

Mrs. Senator Roach, of Larimore, N. Dak.; Mrs. Senator Warren, of Cheyenne, Wyo.; Belva Lockwood and Mrs. General Longstreet, of Washington, D. C., are among the prominent ladies who indorse Peruna.

Miss Helen Rolof, Kaukauna, Wis., writes: "Several times during the past two years or more my system has been greatly in need of a tonic, and at those times Peruna has been of great help in building up the system, restoring my appetite and securing restful sleep."—Helen Rolof.

Miss Muriel Armitage, 36 Greenwood Ave., Detroit, Mich., District Organizer of the Royal Templars of Temperance, writes as follows: "I suffered for five years with uterine irregularities, which brought on hysteria and made me a physical wreck. I tried doctors from the different schools of medicine, but without any perceptible change in my condition. In my despair I called on an old nurse, who advised me to try Peruna, and promised good results if I would persist and take it regularly. I kept this up for six months, and steadily gained strength and health, and when I had used fifteen bottles I considered myself entirely cured. I am a grateful, happy woman to-day."—Miss Muriel Armitage.

Miss Lucy M. Riley, 33 Davenport St., Cleveland, Ohio, writes: "I wish to add my indorsement to thousands of other women who have been cured through the use of Peruna. I suffered for five years with severe backache, and when weary or worried

In the least I had prolonged headache. I am now in perfect health, enjoy life and have neither an ache or pain, thanks to Peruna."—Lucy M. Riley.

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