FROM MISERY TO HEALTH.

A Prominent Club Woman, of Kansas City, Writes to Thank Doan's Kidney Pills for a Quick Cure.



City, Mo., society leader and club woman, writes: "I cannot say too much in praise of Doan's Kidney Pills, for they effected a complete cure in a

wery short time when I was suffering from kidney troubles brought on by a cold. I had severe pains in the back and sick headaches, and felt miserable all over. A few boxes of Doan's Kidney Pills made me a well woman, without an ache or pain, and I feel compelled to recommend this reliable remedy."

(Signed) Nellie Davis. A TRIAL FREE-Address Foster-Milburn Co., Buffalo, N. Y. For sale by all dealers. Price 50 cents.

REPORTED OF RAILWAYS.

Railroads in Argentina are making favorable progress, it is reported, under the direction of English capital-

For several years a record has been kept of the wear of locomotive wheels on the Danish state railways. The single drivers are found to run better than four-coupled, the latter better than six-coupled, and in all cases wear is increased by flimsiness of road.

The Prussian state railroads during last earned \$24,013,962 more than during the previous year, a seven per cent. increase. This is nearly \$30,000,000 more than was estimated when the year began, there having been meanwhile a marked improvement in business in the country.

The German government railroad exhibit at the St. Louis fair shows the block system and switch signals now in use in Germany. More than 1,500 feet of track, in the construction of which both iron and wooden ties were used, have been laid. There are a station house, two switch towers and one intermediate block signal post.

Since 1880 the population of the south has increased about 60 per cent., while its manufactured products have increased by 251 per cent. Railroad mileage has increased 191 per cent., and the production of pig iron 731 per cent. In the coal industry alone the output has jumped since 1880 from \$6,000 annually to \$62,000,000. The development has been steady in all

The last railroad built in India has American rails. Americans export bands already possess. their iron and motors, their machinery, and galvanic wires to South Africa, Egypt, too has more than one Philadelphia bridge. Three hundred railroad cars from Jersey City have found their way into the land of the Pharaohs, and in the foundries of Pittsburg electrical tramways were forged to connect Cairo with the pyramids.

ders in the Peruvian world. Com- der to hear another. llan it ascends the nar row valley of the Rimac, rising nearly 5,000 feet in the first 56 miles. Thence, it goes through the intricate gorges of the Sierras till it tunnels the Andes at an altitude of 15,645 feet, the highest point in the world where a piston rod is moved by steam. This elevation is reached in 78 miles.

BUILDING FOOD

To Bring the Babies Around.

When a little human machine (or a large one) goes wrong, nothing is so important as the selection of food which will always bring it around again.

"My little baby boy fifteen months old had pneumonia, then came brain fever, and no sooner had he got over these than he began to cut teeth and, being so weak, he was frequently thrown into convulsions," says a Colorado mother.

"I decided a change might help, so took him to Kansas City for a visit. When we got there he was so very weak when he would cry he would sink away and seemed like he would die.

"When I reached my sister's home she said immediately that we must feed him Grape-Nuts and, although I had never used the food, we got some and for a few days gave him just the juice of Grape-Nuts and milk. He got stronger so quickly we were soon feeding him the Grape-Nuts itself and in a wonderfully short time he fattened right up and became strong and well.

That showed me something worth knowing and, when later on my girl came, I raised her on Grape-Nuts and she is a strong, healthy baby and has been. You will see from the little photograph I send you what a strong, chubby youngster the boy is now, but he didn't look anything like that before we found this nourishing food. Grape-Nuts nourished him back to strength when he was so weak he couldn't keep any other food on his stomach." Name given by Postum Co., Battle Creek, Mich.

All children can be built to a more sturdy and healthy condition upon Grape-Nuts and cream. The food contains the elements nature demands, from which to make the soft gray filling in the nerve centers and brain. A wein fed brain and strong, sturdy nerves absolutely insure a healthy body.

Look in each pkg. for the famous little book, "The Road to Wellville,"

Filipinos at St. Louis World's Fair

Wonderful Music Rendered Daily by Islanders on Plaza of Philippine Building.

the government's display at the World's Dewey's spectacular victory.

a menace to our country. tion and uplifting seems utterly ridic time; but that is only a small part ulous to—those who have studied him? of concerted playing. No, to the class who dare not visit | Naturally quick to catch new ideas, the Philippine reservation at the they soon grasped the meaning of the World's Fair for fear of being con- "attack," on which the effect of a vinced against their will. That a band's work so largely depends. Then great many or the natives of the is- they learned all the mysteries of shadlands could already be cultured and ing, from the most delicate tone to the

preposterous by this class. and carried by violence across the fac- a selection the tone is subdued to the their fiscal year ending with March simile Bridge of Spain, through the most exquisite murmur, from which it Walled City to the heart of the most rises, without a crash and without a wonderful section of the entire ex- blare, sweeping majestically upward position. They should only be enticed and onward, until the enraptured to listen for an hour to the playing of listener is engulfed in a mighty bilthe Constabulary band. No man with low of sound. Nothing could be more an ounce of appreciation in his soul inspiring than the burst of melody in could hear that band without being such a climax as that which occurs in convinced that the 81 men who com | the sextette of Lucia, and no band ever pose its membership are far above the handled its climaxes better. ordinary in both intelligence and sentiment. A nation or a race may be judged by its music. A natural feel- ness. It is all liquid music. This is ing for rhythm and harmony is not an attribute of a chaotic or unbalanced mind. It is discord that leads the way to senseless vandalism and causeless

In behalf of the Filipino it must be said that he is a natural musician. Even the savage head-hunters, in their peculiar tribal dances, manifest a remarkable feeling for rhythm. There is none of the Indian's wild noise and broken time in their beating of brass tomtoms and their somewhat monotonous singing. They possess the musical instinct that, with time and training, may be developed into just what the members of the two Philippine

The Scout band is an exceptionally good military band, such as we have heard before. The Constabulary band is in a class by itself. It is not to be compared with any of the other exposition bands. Its concerts are held the success of the Constabulary band daily in the large bandstand in the is due. Philippine plaza, and those who have heard one concert will gladly forsake The Oroyo railroad, which now runs the most interesting exhibit and walk from Callao to the gold fields of Cerro | the entire distance from the heart of de Pasco, is considered one of the won-

> lary and who have done so much to could listen to the playing of "The promote law and order in the islands Star Spangled Banner" by that band are to be distinguished from the na- of Filipinos, the pavilion surrounded tives in the regular army by their uni- by other Filipinos, their hats over forms. The military Filipino wears their hearts and their heads bowed, and the blue of the American soldier. The doubt that they are loyally American.

HERE are some people who | members of the civil police force wear still assert that the United the khaki. It is these little men in States obtained nothing, yellow attire who have come to the through the annexation of World's Fair to show Americans what the Philippines, but a lot of we, as a nation, have really acquired naked savages. In spite of as an accidental result of Admiral

Fair, which shows, in addition to the The members of the Constabulary four wild tribes, the refined Visayans band were all finished musicians bewith their beautiful fabrics and fore Lieut. Loving, their leader, took their delicate embroideries, the loyal them in hand. Each one was an artist brown soldiers of Uncle Sam and in his own line, and all of them had the cultured commissioners and offi- seen service in the military bands of cials, there are some purblind indi- the Spanish regime. However, there viduals who refuse to see that the Fili- was a tremendous task for the bandpino is anything but a nuisance and master. The men possessed execution without idea. They could read notes That he could be capable of civiliza- faultlessly, and could keep perfect

refined would be set down as utterly most powerful crescendo, and it is in this that their playing is so marvelous. The soreheads need not be bound In the tender, sympathetic passages of

> In the most powerful tone, there is not the slightest suggestion of brassidue almost wholly to the instrumentation, which is absolutely faultless. More than half the instruments are reeds, and instead of the large number of saxaphones, the instrumentatwo sousaphones. Moreover, the clarinets are not used merely for accompaniment, but actually carry the second voice.

The music produced is not simply hat of a brass band, but is varied for effect to resemble strings, human voices and even the pipe organ. Among the players there are several excellent violinists, and the personnel of the band is sometimes rearranged into an orchestra of +0 men and also into a guitar glee club,

The leader, Lieut. Loving, is a native of St. Paul, and a graduate of the New England conservatory of music. To his genius and devotion much of

Would that every American citizen might listen to one of his matchless and all the splendor of the best band slang, says the New York Sun. The men who compose the constabu- pressive part of the concert. No one

BANANA A PROMINENT FOOD COFFEE DISPLAY EXTENSIVE

Long Regarded as a Luxury by Natives of Tropics-Bread and Coffee Facts.

Long regarded only as luxury for children or proper food for the darkskinned natives of the tropics, the banana has advanced to a place of prominence as a great food product. The United States and other great nations having colonies in the tropics have been investigating the food value of the banana and the results obtained are so satisfactory that the nutritious banana is taking its place as a staple food among all civilized nations.

To overcome all objections, the banana has been especially dried and prepared for food by making it into fine flour out of which bread is made, and other process turns the soft mushy banana into a wholesome cof-

The St. Louis Exposition is being used by the manufacturers of banana bread and banana coffee to introduce this new food to the world. Now this nutritious bread and coffee are served daily to visitors in the Palace of Agriculture, as one of the many object lessons in food at the World's

Many Varieties of Potatoes.

Three hundred and fifty varieties of Irish potatoes, big and little, are exhibited in the New York section of the Palace of Agriculture at the World's Fair. The specimens are the result of cross breeding of standard types.

Features in Food and Drink. The World's Fair is full of new things, new features and interesting experiments in the way of food and drink. Prominent among the new bey- organ in the splendid French section erages introduced at the Exposition of the Palace of Liberal Arts at the are banana coffee and prune coffee. World's Fair. The recitals begin at hibits in the Palace of Agriculture the 2:30, 3:30 and five p. m., and conprune coffee is furnished by the sist of selections from well-known county, to teach the public the value of operas and other classical and popu-

same building, but at a different ex- tion to being a very perfect instruhibit, the purpose being to show the ment from a musical standpoint, it is wonderful food value of the banana. elaborately decorated.

South and Central America Exploit Their Great Product-Porto Rico Represented.

The value of the St. Louis Exposition as an advertising institution and school of instruction is fully appreciated by the great coffee growing countries of South and Central America. These countries are showing their coffees to the thousands of World's Fair visitors and creating new demands for the better varieties prohome or in England and Germany.

The countries claim as great merit for their high grade coffees as is pos- flowing south. sessed by the famous Mocha and Java, and they seek to give the public an object lesson in the use of coffee. for the name Esopus is strengthened Brazil serves coffee every afternoon to all visitors at the Brazil building, the word "asoeposue" for "backslidfree of charge, in order that they may sample a better grade of Rio.

Porto Rico also has an extensive moting a larger trade with its new mother country.

Pygmies Discard Tents for Huts The Pygmies from Africa at the World's Fair became tired of living in the tent provided for them and have built themselves small huts of saplings, covered with grass and rushes. In order to give the huts the proper dimensions, a novel system of measurement was employed. The corner poles were stuck in the ground and the architect then lay down on his stomach, stretching out both arms to see if the hut would be large enough.

Organ Becitals Daily.

Five regular recitals are now given each day upon the large mechanical At one of the California county ex- 10:30 and 11:30 o'clock a. m. and at this experiment as a pleasant beverage. lar music. The space about the organ The banana coffee is served in the is always filled with people. In addi-

HONESTY PROVES COSTLY.

World's Fair Officials at St. Louis Grieved at Chinese Demonstration of Virtue.

One of the unpublished tragedies of the St. Louis fair was the sudden and picturesque manner in which some of the most costly presents sent by the Chinese government to world's fair officials were purposely destroyed by messengers intrusted with their delivery, says a report to the Chicago Tribune.

Soon after the arrival of the Chinese commissioners they were entertained at the magnificent home of President Francis and the occasion was chosen by the Mongolian guests as the most fitting for the presentation of the princely presents they had brought. A dozen high caste Chinamen, attaches of the Peking delegation were appointed to carry the gifts, which were too rare and fragile to be intrusted to a delivery wagon or to less tender hands.

The procession of gift bearing Chinamen was halted at the gate by a guard, who insisted on inforcing the rule that nothing except personal effects can be carried out of the grounds. None of the astonished foreigners could understand what was said and some pushed their way past the guard. He summoned help, and, in a few minutes, the excited Chinamen were surrounded by about 50 uniformed officers. A messenger was dispatched to the administration building for the Chinese interpreter employed there, and when he arrived the guards and police explained that they had stopped his countryman because they seemed to be stealing a lot of valuable stuff.

The interpreter meant to calm his kinsmen by telling them they were suspected of stealing, but he had no sooner thrown this light upon the situation than the gift bearers began to smash their burdens on the pavement and against the foundations of the buildings. Ivory fans, costly marbles, inlaid ornaments, metal filigrees, carved bronzes, and even brocaded silk gew gaws were smashed, twisted, battered, and torn in a jiffy. The Americans looked on in astonishment, making no attempt to stop the slaughter, but when it was all over and the interpreter had satisfied the authorities that no theft tion includes four sarrusaphones and had been contemplated he was asked to explain the strange behavior of the Chinamen.

"That way I forget, see? Here I make mistake, too. In China you say a man thief he break up stuff. That way show he thief not, see?"

Hundreds of dollars' worth of gifts were destroyed by the carriers to show that they had not stolen them.

ESOPUS AN INDIAN NAME.

Judge Parker's Secretary Says It Came From Two Words Meaning Backward River.

There has been a lot of guessing as to the origin of the name of this village. Most of the guessers seemed to think that Esopus was either a Dutch word or a form of the name of Æsop, programmes, drink in all the harmony the man who didn't write his fables in

Arthur McCausland, Judge Parker's the close. The close is the most im- secretary, has been looking up things about Kingston and its neighboring towns, and his findings seem to establish the Indian origin of the name.

Kingston, which is nine miles north of here, was called Esopus long before a single settler came to the place. Kingston's first name was Atkarkarton, an Indian word meaning smooth water. Records of 1610 in the state library show this. In 1653 the town was called by the Dutch Esopus, Groote Esopus, Sopus, Seopus, Sopers, Sypurs and Sypous.

Westbrook is authority for the statement that this was Indian for "The Pleasant Land," but he probably was wrong. It is more reasonable to believe records in the state library which say that the word Esopus, in all its various forms of spelling, was derived from two Indian words, aje, going backward, and sepus, a river.

The Rondout river flows north into 50-CENT the Hudson at Kingston and that probduced, which now find a market at ably interested the Indians, who could not quite understand why a river flowing north should empty into a river

> This argument that the peculiar junction of the rivers was responsible by the use, in Eliot's Indian Bible, of ing," the translation belong needed in Jeremiah, iii., 6.

Kingston lost the name of Esopus in coffee exhibit, with the hope of pro- 1868 and took its present name from the family seat of Gov. Lovelace's mother, Kingston l'Isle, near Wantage. the Berkshire town where Richard Croker lives. The name Esopus was then applied to a large and vaguely described territory around Kingston, and at last the village between West Park and Ulster Park seized upon the name for itself alone.

Dogs' Beauty Doctors.

And now the dogs have their beauty doctors—that is, Paris dogs have them if their owners feel moved to pay the necessary fees for the attentions of the profession. Sooner or later everything that human beings find good is adopted by or is thrust upon the dogs, especially pet dogs, and, absurd as it may seem at first thought that a masseur for dogs should be able to earn his salt, it is easy to see, after a moment's reflection, that an unselfish misuress, knowing the comforting power of massage, should want "doggie" to experience it, too. It's a far cry from the position in life that a dog who "sleeps out in the shed" holds to that of one who is massaged into trimness and daintiness.—Boston Transcript.

STREET obest to best &



man Womans' Club of Buffalo, N. Y., after doctoring for two years, was finally cured of her kidney trouble by the use of Lydia E. Pinkham's Vegetable Compound.

Of all the diseases known with which the female organism is afflicted, kidney disease is the most fatal. In fact, unless prompt and correct treatment is applied, the weary patient seldom survives.

Being fully aware of this, Mrs. Pinkham, early in her career, gave careful study to the subject, and in producing her great remedy for woman's ills—Lydia E. Pinkham's Vegetable Compound—made sure that it contained the correct combination of herbs which was certain to control that dreaded disease, woman's kidney troubles. The Vegetable Compound acts in harmony with the laws that govern the entire female system, and while there are many so called remedies for kidney troubles, Lydia E. Pinkham's Vegetable Compound is the only one especially prepared for women. for women.

Read What Mrs. Weisslitz Says. "DEAR MRS. PINKHAM: - For two years my life was simply a burden, I suffered so with female troubles, and pains across my back and loins. The doctor told me that I had kidney troubles and prescribed for me. For three months I took his medicines, but grew steadily worse. My husband then advised me to try Lydia E. Pinkham's Vegetable Compound, and brought home a bottle. It is the greatest blessing ever brought to our home. Within three months I was a changed woman. My pain had disappeared, my complexion became clear, my eyes bright, and my entire system in good shape."—Mrs. Paula Weisslitz, 176 Seneca St., Buffalo, N. Y.

Proof that Kidney Trouble can be Cured by Lydia E. Pinkham's Vegetable Compound. "Dear Mrs. Pinkham:—I feel very thankful to you for the good your medicine has done me. I had doctored for years and was steadily growing worse. I had trouble with my kidneys, and two doctors told me I had Bright's disease; also had falling of the womb, and could not walk a block at a time. My back and head ached all the time, and I was so nervous I could not sleep; had hysteria and fainting spells, was tired all the time, had such a pain in my left side that I could hardly stand at times without putting my foot on something.

at times without putting my foot on something.

"I doctored with several good doctors, but they did not help me any.
I took, in all, twelve bottles of Lydia E. Pinkham's Vegetable Compound, five boxes of Liver Pills, and used three packages of Sanative Wash, and feel like a new woman, can eat and sleep well, do all my own Wash, and feel like a new woman, can eat and sleep well, do all my own work, and can walk two miles without feeling over tired. The doctors tell me that my kidneys are all right now. I am so happy to be well, and I feel that I owe it all to your medicine."—Mrs. OPAL STRONG, Dalton, Mass.

She has guided thousands to health. Address Lynn, Mass. \$5000 FORFEIT if we cannot forthwith produce the original letters and signatures of above testimonials, which will prove their absolute genuineness.

Lydia E. Pinkham Medicine Co., Lynn, Mass.

Shy Leap Year Maid.

"Yes," said the egotistical youth. "I have been called a mechanical genius."
"What's a mechanical genius?" asked the innocent girl.

"One who can make almost anything."

"Oh, how lovely!" she exclaimed. "And could you make me a proposal?"—Columbus Dispatch.

Almost any married man will freely admit that in the choice of a life partner his wife's judgment was superior to his own.— Chicago Journal.

There is no end to the trouble in a family that has two heads. — Chicago Daily News.

"Dat kid," remarked the first boy, sneeringly, "goes to Sunday school, an' likes it."
"How d'yer know?" demanded the other.
"'Cause he calls it 'Sabbat' school.'"-Philadelphia Press.

Can You Guess It?

Mike—An' phat is it alls Kehoe?
Pat—Shure, Oi can't remimber th' name
av it, but it's thot thing th' doctors cut out ov ye whether we've got it or not -Judge.

"Did she return your affection?"
"Yes; unopened."—Detroit Free Press.



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