

# THIS WOMAN KNOWS

### WHAT ONE OF THE BEST DISCOVERED TO HER GREAT JOY.

Mrs. De Long Finds that the Indescribable Pains of Rheumatism Can be Cured Through the Blood.

Mrs. E. M. De Long, of No. 100 West Broadway, Council Bluffs, Iowa, found herself suddenly attacked by rheumatism in the winter of 1903. She gave the doctor a chance to help her, which he failed to do, and then she did some thinking and experimenting on her own. She tried all the usual remedies, but they did not help her. She was in bed half the time, suffering with pain that cannot be described to one who has never had the disease. It would concentrate sometimes in one set of joints. When it was in my feet I could not walk, when it was in my elbows and wrists I could not even draw the coverlets over my body. I had suffered in this way for weeks before I began using Dr. Williams' Pink Pills. Two weeks after I began with them I experienced relief and after I had taken six boxes I was entirely well. To make sure I continued to use them about two weeks longer and then stopped altogether. For several years I have had no reason to use them for myself, but I have recommended them to others as an excellent remedy.

"I was in bed half the time, suffering with pain that cannot be described to one who has never had the disease. It would concentrate sometimes in one set of joints. When it was in my feet I could not walk, when it was in my elbows and wrists I could not even draw the coverlets over my body. I had suffered in this way for weeks before I began using Dr. Williams' Pink Pills. Two weeks after I began with them I experienced relief and after I had taken six boxes I was entirely well. To make sure I continued to use them about two weeks longer and then stopped altogether. For several years I have had no reason to use them for myself, but I have recommended them to others as an excellent remedy."

Dr. Williams' Pink Pills furnish the blood with all the elements that are needed to build up healthy tissue, strong muscles and nerves, capable of bearing the strain that nature puts upon them. They really make new blood and cure all diseases arising from disorders of the blood or nerves, such as sciatica, neuralgia, partial paralysis, locomotor ataxia, St. Vitus' dance, nervous prostration, anaemia and all forms of weakness in either male or female. They are sold by all druggists.

### FOR FASHION'S FOLLOWERS.

Hosiery worn with tan shoes should match the shade of leather exactly.

Supple fabrics will take the lead for street costumes during the coming winter.

Auto coats fashioned from white flannel are trimmed with Arabian braid.

Bonnaz embroidery will figure on the simpler styles of tailored hats for autumn.

Moire antique is to be restored to favor, both for trimming purposes and gowns.

Purple, particularly in its softer shadings, will be much in evidence for the early fall.

Newest shapes in corsets are not quite so boxlike as those in vogue for the past few years.

The latest sleeve is very much wider; the newest shape clings to the arm until just below the elbow, when it swells out sharply, being caught in again at the wrist with a wide, tight cuff.

### VOGUE IN VESTMENTS.

Big plaids appear in the silk shirt-waists.

Many of the buttons are positive works of art.

Vests are set into the separate waists for fall.

A new mixture of silk and wool is known as sillesienne.

Velvet ribbons in wonderful bronze and nasturtium tints are shown.

### SAFEST FOOD

In Any Time of Trouble Is Grape-Nuts

Food to rebuild the strength and this is pre digested must be selected when one is convalescent. At this time there is nothing so valuable as Grape-Nuts for the reason that this food is all nourishment and is also all digestible nourishment. A woman who used it says:

"Some time ago I was very ill with typhoid fever, so ill everyone thought I would die, even myself. I had no strength, I could not properly digest food of any kind and I also had much bowel trouble which left me a weak, helpless wreck.

"I needed nourishment as badly as anyone could, but none of the tonics helped me until I finally tried Grape-Nuts food morning and evening. This not only supplied food that I thought delicious as could be but it also made me perfectly well and strong again so I can do all my housework, sleep well, can eat anything without any trace of bowel trouble and for that reason alone Grape-Nuts food is worth its weight in gold." Name given by Pastum Co., Battle Creek, Mich.

Typhoid fever like some other diseases attacks the bowels and frequently sets up bleeding and makes them for months incapable of digesting the starches and therefore pre digested Grape-Nuts is invaluable for the well-known reason that in Grape-Nuts all the starches have been transformed into grape sugar. This means that the first stage of digestion has been mechanically accomplished in Grape-Nuts food at the factories and therefore anyone, no matter how weak the stomach, can handle it and grow strong, for all the nourishment is still there. There's a sound reason and 10 days' trial proves.

# HORTICULTURE

## THE NEGLECTED ORCHARD.

It Is Not Only a Source of Constant Loss But Also a Breeding Place for Parasites.

## ENEMY OF THE CURRANT.

Iowa Experiment Station Entomologist Talks About a Pesticiferous Garden Parasite.

One of the worst enemies of the currant and gooseberry with which we have to deal is the imported stem borer, *Seelia tipuliformis*. One reason why the damage is so great is that a single borer may destroy an entire cane, and a few an entire bush, and all this before we are aware that any damage has been done. The adult of this insect, as shown in the drawing, is a wasp-like moth, rather dark in color and of very beautiful appearance. The females usually lay their eggs soon after they emerge in the spring, upon canes about one year old, and most frequently in the angle made by the leaf and the cane.

These eggs soon hatch and the little worm or larva eats its way at once to the center of the cane, where it feeds and grows well protected from all enemies.



THE CURRANT BORER. 1—Adult. 2—Larvae or borer proper. 3—Section of stem showing work of borer and how the adult emerges.

These larvae grow slowly and are but partly grown when cold weather comes on, when they prepare for winter by retiring to the most protected part of their tunnels and surrounding themselves by chewed-up fibers and other waste material. In this way they pass the winter in safety and with the first warm days of spring they begin active operations again and soon reach their full size.

The full grown larva then prepares to pupate and first eats a hole through the cane, from which the adult moth may escape. It then changes to a pupa, and towards the end of May or in June changes to the adult form, which lays more eggs, and thus starts again the life cycle.

A great many ways have been suggested for combating this insect. Some of them are of no value and none of them is entirely satisfactory. Perhaps the most effective one is to prune away the affected canes. From what has been said of the life history of the borer it will be seen that before the first of June all of the insects are in the canes, either in the larva or pupa stage. At this time of the year, too, these canes show the results of the borer's work, so that with a little experience it is possible to cut out all of the canes infested with borers. Hence it will be seen that by cutting out the canes at this time of the year the damage may be prevented for the next season.

It must not be forgotten, however, that cutting out the canes does not kill the larvae and that the canes must be removed and burned, otherwise the pupae will change to an adult and the trouble will be in no way benefited. Therefore, the remedy consists in cutting away and burning all affected canes in the spring before the last of May, when the adult moths emerge. M. L. Merrill, in Prairie Farmer.

## FRUIT AND GARDEN NOTES.

Sweet apples are good for cows; no one should go to waste.

The number of bearing apple trees in the United States now exceed 200,000,000.

Fruit will ripen more rapidly if than on the tree, says a prominent grower of apples.

Pears should be stored as soon as picked, and any delay in this matter will cause rotting.

The bulk of our apples are produced in about 16 states, which grow over 147,000,000 bushels.

Loading peaches into cars before they have been cooled will bring them to market in a very bad condition. The fruit should be thoroughly cooled before being put into the cars.

According to experiment station work, 100 pounds of fresh apples fed to farm animals was equivalent to 34 pounds of wheat straw, or 20 pounds of alfalfa hay, or nine pounds of cottonseed meal.

## Plant a Few Shade Trees.

Mistakes are often made by not setting out shade trees in early life. Fifty years ago the writer set out some sugar maples in front of the dwelling-house. They are now ten feet higher than the two-story house, and in the summer it is a great pleasure to sit in their shade. They also make the house cooler in hot weather, and serve as a windbreak. Many put off this duty until old age overtakes them. When one plants trees of any kind and reaps the benefit thereof it seems natural that he should enjoy it more than if it were some other's planting. I also did not neglect planting fruit trees of different kinds, and now my children and grandchildren enjoy the benefits thereof. Dear readers, don't put off this duty until old age comes creeping on.—C. W. Kellogg in Ohio Farmer.

# VOLUMES OF JOHNNYCAKES

Rhode Island Housewife of the Early Time Made Ready for Expected Company.

As an illustration of the thrift and foresight of some of the housekeepers of the early period, Halsey P. Clarke, the veteran town clerk of Richmond, tells this story, says the Providence (R. I.) Journal. His father, David Clarke, was in Rhode Island at one time, and being obliged to stay over night in those days he put up at a tavern. He was in the room when a gentleman came in and was sitting at a table in the room. The gentleman was with him struck up an acquaintance with another occupant of the same room. The friend of Mr. Clarke whispered to him not to tell the stranger where they came from, and to try to find out whence he had come; so they inquired of him where he had come from, and he told them that he had just been down in South county, in the town of Richmond. He said that when he arrived in the town it was nearly dusk, so he drew up at a tavern and inquired of the landlord for lodging for the night. The landlord replied in the affirmative, and sent a boy to take his horse, as he was on horseback. The gentleman went with the boy and removed the saddle-bags and brought them into the house, and, throwing them down in the kitchen, stepped up to the fireplace to warm himself. Over the fireplace was a mantel shelf, which was nearly half as long as the room itself, and upon looking up he saw on this shelf what he supposed to be a row of books.

While he was wondering why there was such a number of books in this tavern, more books, he thought, than were in the entire town, the woman of the house came in and stirred up the fire preparatory to cooking the evening meal. He inquired of her: "Why is it you have so many books here in the kitchen? Is the town's library here, or what is it?" "Books!" exclaimed the astonished woman; "I don't see any books. Where are they? Show me them." "Right on that shelf," replied the man, "over your head." "Books!" said she, "Oh, la! them ain't books; them's Johnny-cakes. We expect the town council here to dinner next week, and we've baked them Johnny-cakes so's to be ready when they come." Whether he mistook the Johnny-cakes, packed neatly on end upon the shelf, for books or not, it is hard to say, though there is no doubt that the story did not lose anything in the telling, but by actual count there were 79 Johnny-cakes on the shelf.

In the neglected orchard, says Farmers' Review, valuable space is given to worthless trees. In the modern orchard every square of space must give a good account of itself. In the future there should be no neglected orchards. We have come to know so much about what an orchard requires that there is no excuse if we do not succeed. And first we have learned that no orchard can be neglected and produce fruit in paying quantities. The orchard is not the pet crop of the easy-gor. The man that owns it must work it at different times of year. The ground must be cultivated, the branches pruned, the foliage sprayed and new trees substituted for the old and worthless ones.

The well-handled orchard is always profitable, but the neglected orchard almost never so.

## LIVELY BALLOON VOYAGE.

Perilous Trip of European Aeronauts Who Sailed Into the Focus of a Storm.

For the first mile, while slowly rising, the balloon zigzagged between the lower currents, until at approximately 1,000 feet it encountered a main sweep of air, which at that height was following the course of the valley below, says a writer in Longman's Magazine. The horizon had been clear at starting and the impression was as we sailed along in the current that we should have a fair passage, unless some cloud, not yet apparent, in our wake could overtake us at a higher level, where wind velocity is generally greater. Perhaps, therefore, we paid insufficient heed to a murky veil ahead of us, which began gathering and deepening and blotted out the view. We were soon enveloped in the gray curtain and thus its true appearance was lost to us; but at Newbury, our starting ground, a large crowd was watching us entering a vast and most menacing thunder-pack, and was wondering why we did not come down.

The first real warning which we had of our predicament was a flash of lightning close on our quarter, answered by another on our side, and almost before we could realize it we found we were in the very focus of a furious storm which was being borne on an upper wind, and a wild conflict was already raging round us. There was our own fast current carrying us westward; there was the storm cloud slightly above us hurrying to the east; and added to these there now descended a pitiless down-draught of ice cold air and hail.

We were doubtless in a cloud which was discharging lightning over a wide area, each flash, however, issuing from the immediate vicinity of the balloon, and the idea formed on the writer's mind was that many flashes were level—that is, as if from one part of the cloud to another. Any that reached the ground must from our known position have been at least a mile long. There was another idea forced upon the party, which was that they would be more comfortable and far safer elsewhere, and when suitable opportunity occurred a descent was made to earth.

## Natural Impression.

A city automobile on a rampage skipped the sidewalk and took a headed into a basement, turning a few somersaults and finally stopping with its wheels in the air revolving and spluttering. The old cobbler was found jammed into a corner of the shop, unhurt, but dazed.

"What did you think it was?" his rescuers asked.

"I thought," he gasped, "dot was a customer vat 'vas mad 'bout hees shoes!"—Chicago Record-Herald.

## Crushed by Its Weight.

"He seems to be just weighted down with genius—poor man!"

"Why, I never saw anything from his pen that resembled it?"

"Of course not! Genius is so heavy on him that he just can't get out from under it!"—Atlanta Constitution.



A prominent Southern lady, Mrs. Blanchard, of Nashville, Tenn., tells how she was cured of backache, dizziness, painful and irregular periods by the use of Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM:—Gratitude compels me to acknowledge the great merit of your Vegetable Compound. I have suffered for four years with irregular and painful menstruation, also dizziness, pains in the back and lower limbs, and fitful sleep. I dreaded the time to come which would only mean suffering to me.

"Better health is all I wanted, and cure if possible. Lydia E. Pinkham's Vegetable Compound brought me health and happiness in a few short months. I feel like another person now. My aches and pains have left me. Life seems new and sweet to me, and everything seems pleasant and easy.

"Six bottles brought me health, and was worth more than months under the doctor's care, which really did not benefit me at all. I am satisfied there is no medicine so good for sick women as your Vegetable Compound, and I advocate it to my lady friends in need of medical help."—Mrs. B. A. BLANCHARD, 423 Broad St., Nashville, Tenn.

When women are troubled with irregular, suppressed or painful menstruation, weakness, leucorrhoea, displacement or ulceration of the womb, that bearing-down feeling, inflammation of the ovaries, backache, bloating (or flatulence), general debility, indigestion, and nervous prostration, or are beset with such symptoms as dizziness, faintness, lassitude, excitability, irritability, nervousness, sleeplessness, melancholy, all-gone and "want-to-be-left-alone" feelings, blues and hopelessness, they should remember there is one tried and true remedy, Lydia E. Pinkham's Vegetable Compound and once removed such troubles. Refuse to buy any other medicine, for you need the best.

## A Severe Case of Womb Trouble Cured in Philadelphia.

"DEAR MRS. PINKHAM:—I have been cured of severe female troubles by the use of Lydia E. Pinkham's Vegetable Compound. I was nearly ready to give up, but seeing your advertisement I purchased one bottle of your medicine, and it did me so much good that I purchased another, and the result was so satisfactory that I bought six more bottles, and am now feeling like a new woman. I shall never be without it. I hope that my testimonial will convince women that your Vegetable Compound is the greatest medicine in the world for falling of the womb or any other female complaints."—Mrs. MAY COY, 2600 Birch St., Philadelphia, Pa.

Remember, every woman is cordially invited to write to Mrs. Pinkham if there is anything about her symptoms she does not understand. Her address is Lynn, Mass., her advice is free and cheerfully given to every ailing woman who asks for it.

## Western Canada's Magnificent Crops FOR 1904

Western Canada's Wheat Crop this year will be 60,000,000 bushels, and wheat at present is worth \$1.00 a bushel. The oat and barley crop will also yield abundantly.

Beautiful prices for all kinds of grain, cattle and other farm produce for the growing of which the climate is unsurpassed.

About 150,000 Americans have settled in Western Canada during the past three years. Thousands of free homes—each of 160 acres each still available in the best agricultural districts.

It has been said that the United States will be forced to import wheat within a very few years. Secure a farm in Canada and become one of those who will help produce it.

Apply for information to SUPERINTENDENT OF IMMIGRATION, Ottawa, Canada; or to E. T. HOLMES, 215 Jackson Street, St. Paul, Minn. C. PILLING, Grand Forks, North Dakota. Authorized Canadian Government Agents.

## FREE "THE AMATEUR ENTERTAINER"

250-Page Illustrated, Descriptive Catalog with 500 Pages Popular Music, fully covers every style of American Musical and Dramatic Entertainment, including 100 Tricks in Magic. Free! Cut this out and return to THE GREAT TRADING COMPANY, (R. No. 7), 144 West 57th St., New York City.

When

## St. Jacobs Oil

Hurts, Sprains, Bruises

The muscles flex, the knits untwist, the soreness dies out. Price 25c. and 50c.

When

WE WANT YOUR NAME and will send you prospectus and full particulars of NINE SUCCESSFUL GOLD, SILVER, COPPER, LEAD, ZINC AND QUICKSILVER Mining Companies, if you will send us your name and address. Mining Maps Free. ARBUCKLE-GOODS COMMISSION CO., 325 Olive St., St. Louis, Mo.