AS GREAT AS MORTAL CAN STAND. For Six Months He Could Not Turn in

ed-He Tells of a Remedy Which Mas Given Perfect Relief. The case of Mr. Marston shows that ciatica can be cured, and no one afflicted by it should allow himself to be disheartened. He was first stricken about year ago, and for six months he suffered pain which he thinks the most intense that any man could possibly stand.

Asked about the details of his remark every step was torture for me. When I room and get to bed.

He prescribed for me, and advised me not me to turn from one side to the other. through a small hole bored slanting The moment I attempted to move any part of my body, the pain became so excruciating that I would have to lie perfectly motionless.

"I suffered this torture for six months without getting any relief. Then I discharged the doctor, and on the advice of a friend I bought a box of Dr. Williams' Pink Pills and began to take them, three at a dose, three times a day. I was determined to give them a thorough trial.

'Two months after I began to use them I was able to leave my bed and walk about the house, and a month later I was entirely cured and able to go about my work as usual. I think Dr. Williams' Pink Pills are the best medicine I ever used, and I heartily recommend them to anyone who suffers from sciatica."

Mr. Marston is a prosperous farmer and may be reached by mail addressed to Charles P. Marston, Hampton P. O., New Hampshire. Dr. Williams' Pink Pills have cured other painful nervous disorders, such as neuralgia, partial paralysis and locomotor ataxis. They are sold by all druggists.

TALES OF THE TOTS.

Mamma-Tommy, I don't like to have you play with boys who are bad. Tommy-But the good boys are no good, mamma.

"What happens when a man's temperature goes down as low as it can go?" asked the teacher. "He gets cold feet," answered a small

pupil. Johnny - Grandpa, have you any teeth?

Grandpa-No, my child, they have all "Then I think I will let you hold my candy while I run an errand.'

When asked by her teacher to describe the backbone, a school girl said: "The backbone is something that holds up the head and ribs and keeps one from having legs clear up to the neck."

Teacher-Anything is called transparent that can be seen through. Now, Willie, can you give me an example? fence around the ball grounds

"What a nice little boy," said the minister, who was making a call; "won't you come and shake hands. my son?" "Naw!" snapped the nice little boy. "My gracious; don't you like me?" "Naw! I had ter git me hands and face washed jist because you

Dean Pigou tells in his new book of anecdotes the story of the little girl who was much upset by a maiden aunt, and posted in a hole in the garden a letter in these terms: "Dear Mr. Satan: Will you kindly come and take away Aunt Jane? She is a very fussy person, and does worry me so. Yours affectionately,

THE SIMPLE LIFE. Ways That Are Pleasant and Paths

That Are Peace. It is the simple life that gives length

of days, rerenity of mind and body and tranquility of soul. Simple hopes and ambitions, bound-

neighbors, simple pleasures, habits, food and drink.

Men die long before their time because they try to crowd too much into their experiences-they climb too high and fall too hard. A wise woman writes of the good that a simple diet

has done her: "I have been using Grape-Nuts for about six months. I began rather sparingly, until I acquired such a liking for it that for the last three months I have depended upon it almost entirely for my diet, eating nothing else whatever, but Grape-Nuts for breakfast and supper, and I believe I could eat it for dinner with fruit and be satisfied without other food, and feel much better and have more strength to do my housework.

When I began the use of Grape-Nuts I was thin and weak, my muscles were so soft that I was not able to do any work. I weighed only 108 pounds. Nothing that I ate did me any good. I was going down hill rapidly; was flocks upon the farms is filth in some of nervous and miserable, with no ambi- its many forms. Impure water, moldy vion for anything. My condition im- and decayed food, impure air, filthy proved rapidly after I began to eat Grape-Nuts food. It made me feel like the things that come under the head of a new woman; my muscles got solul, my figure rounded out, my weight increased to 126 pounds in a few weeks my nerves grew steady and my mind better and clearer. My friends tell me they haven't seen me look so we'l

for years. "I consider Grape-Nuts the best food on the market, and shall never go back to meats and white bread again." Name given by Postum Co., Battle Creek, Mich.

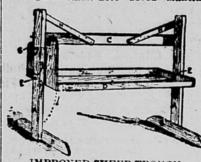
There's a reason. Look in each pkg. for the little book, "The Road to Wellville."



A GOOD SHEEP TROUGH.

What One Farmer Thinks Is an Improvement on Old-Style

V Trough. I send you a sketch of a good style of sheep trough which I have used several able recovery, Mr. Marston gave the fol- years and like much better than the old lowing account: "I was attacked by a style V trough, writes Chancy Avery, of numbness or dull feeling just back of my | Steuben county, Ind. End supports, A. right hip. I didn't know what the mat- A, are 2x4, or very thick board, 31/4 feet ter was, but thought it was simply a high, with cross boards. B, B, on ground. stiffness that would wear away in a and these supports are joined by heavy short time. It didn't, however, and (8 or 10-inch) board, C, and braced by soon the pain became so very bad that two short boards, H, H, nailed on as shown. Trough D, is 3 inches deep and finally succeeded in getting home, it was 6 inches wide inside, and one end board just as much as I could do to reach my is long so as to stand up about 12 inches above top of trough, as shown by F. 'The doctor was sent for, and when he | Trough is suspended to A. A. by a boil had examined me he said I had sciatica. at each end, E, E, passing through end piece of trough near top of trough. The to try to leave my bed. The advice was high end board, F. rests against C when unnecessary for I couldn't get out of trough is ready for use and is held upbed if I wanted to. It was impossible for right by a large spike nail, G, placed



IMPROVED SHEEP TROUGH.

downward and outward. after parts are together. Trough has two or three iron washers between end boards and supports, A. A. and bolts are drawn just tight enough to hold trough inverted when desired to keep out dirt, snow or

ice. Top of trough is 16 inches above ground and lower edge of board, C. should be 9 inches above top of trough. This is essential, as if too low it interferes with sheep eating and if too high sheep will try to jump through over trough. This design prevents them jumping over and thereby saves getting much dirt on the trough, and the flat trough prevents the more greedy ones from eating too fast for the slower ones to get a good chance for their share.

FARM POULTRY PLANT.

A Good Deal of Money May Be Made for the Farmer by His Flock.

The farmer that does not have a wellequipped poultry plant loses the opportunity of adding very materially to his income and he also misses that very important end-the providing of his family with several kinds of luxuries, poultry meat, and eggs. We might say that he misses seeing his family enjoy broilers in the late spring, old hens and roosters in the summer, spring chickens in the fall and fat cockerels and capons in the winter, as well as the eggs. One of the compensations for living in the country is to have all of these things fresh, and at will without sending many miles for them. Moreover, the family of the farmer need not stint itself in these things as the family of the citizens must Willie-Yes, ma'am. A hole in the do out of reasons of economy. This inches deep, and two pieces five and er in the keeping of poultry. Now and inches for handles. Nail or screw on then we find a farmer who sells all his best products and keeps the poorest for his family. That is a poor way of doing. The family should have at least as good as goes off the farm.

LIVE STOCK NOTES. Do not feed the tired horse until he is

rested. Squealing hogs make spare ribs and

thin bacon. Give the pigs a warm place and dry straw for a bed.

Are you so kind to your flocks and herds that they welcome your coming to

the barn? Raise 1,200 to 1,300-pound mares for the farm, and 1,500 to 1.800-pound horses for sale.

How many cows are you feeding for the sake of their company? If you don't know, it will pay well to find out.

A good sow that will raise two litters of eight to ten pigs a year is one of the most profitable animals on the farm. Hogs in close, dirty pens that have to

breathe foul air all the time cannot make very wholesome meat.-W. W. Maxim Maine. ed by the desire to do good to one's . A good deal of unnecessary pain may be spared the ewe by wetting the teat

before starting the milk with the fin

gers, as it is under certain circumstances

necessary to do .- Farm and Home.

Don't Market Unfattened Stock We have seen the traveling buyer of chickens drive up to the farm house and ask for poultry. We have seen the farmer get out a pan of corn and toll the hens and roosters about him, then draw them into the henyard and the work of selecting begin. The cockerels were sold without an hour of fitting. They were gaunt and lean shanked. They weighed light when put on the scales or hung on the steelyards. The farmer got out of them very little for the care he had bestowed on them. These birds should not have been sold without being fitted. Shut them up and give them at least three weeks of good feeding.-Farmers

Cause of Loss.

The principal cause of loss in the houses, vermin of all kinds, are some of uncleanlines. These are the things that we preach against when we cry to the poultry world: "Unclean, unclean!"-American Dairyman.

Cattle for Fattening.

In buying stockers a common prac tice is to buy cattle during the fall and early winter that are thin in flesh and weigh from 500 to 800 pounds, winter them on a ration calculated merely to keep them from shrinking in weight, and either fatten with grain on grass during the summer or graze them through the pasturing season and finish on grain the following fall.

SAVES FARMERS MILLIONS

Prevention of Oat Smut as Besult of Investigations of College of Agriculture.

Statistics just compiled by agricultural experts show that as a result of the investigations, by the college of agriculture of the University of Wissmut, the farmers of Wisconsin are being saved nearly \$5,000,000 annually. Since Wisconsin ranks among the greatest oat producing states in this country (for each year over 2,500,000 acres are sown with oats, which pro duce a crop of 100,000,000 bushels worth annually from \$25,000,000 to \$30,000,000), these investigations are of vital importance to thousands of farmers in all parts of the state. For many years the annual loss to the farmers in the oat crop averaged more than 18 per cent., or over 18 000,000 bushel of oats, valued at nearly \$5,000.000. The barley crop of 15,000,000 bushel suffered an annual loss of 600,000 bushels on account of the smut. Sta tistics show that through the experiments of the professors of the Wisconsin college of agriculture, and through their efforts in spreading broadcast over the state the results of these investigations, more than twothirds of this loss to the oat and barley crops has been prevented, and that the crops have therefore been increased in value nearly \$5,000,000 a

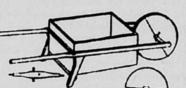
The history of the experiments that led to the prevention of this costly blight is an interesting illustration of the application of the discoveries of pure science to practical problems. such as those of agriculture. A chemist discovered a product of common wood smoke, which is known as formaldehyde; a biologist, working along other lines, found that formaldehyde to attend school," was death to fungus life; and finally a professor of the North Dakota experiment station tried the effect of this chemical on oat smut. The University of Wisconsin experiment station learned almost immediately of the results of these experiments, and by s.p. plying them on a large scale proved fore planting.

The method of treating the seed grain is very simple, so simple in fact that there is no reason why it should Martin gave their famous ball. not be universally employed. A pint sacks, are let down into this barrel They are then taken out and dried after which they are ready for sowing police commissioner. without any further treatment. Thus the cost to the farmer is scarcely more ball?' she remarked to him. than a cent a bushel; which is certain destructiveness of the blight and the be out in the street in front of the house great loss which it entails

HANDY WHEELBARROW.

Farm Vehicle Which Any Farmer Can Make on a Rainy Day.

Here is a cut of a handy, strong wheelbarrow that any farmer can make on a rainy day, says Farm and Home. Take a goods box 30 inches should be the first object with the farm- one-half to six feet long and 3x14



HOMEMADE WHEELBARROW.

cross brace in front and rear and pieces with brace as shown for legs. Cut four half circles from inch hard wood board and a notch in center to fit around axle. Nail these securely together for the wheel.

For the axle take a stick three and one-half inches square. Trim and band each end or wrap with wire Bore holes and drive a 60 d. wire nail in each end Just two inches apart in center, bore two one-inch holes on opposite sides to hold the wheel in place. A band of hoop iron around the wheel will make it last longer. When it is put together you have a very substantial wheelbarrow that cost but little.

FEED SAVER.

How Tin Cans May Be Utilized in Making a Feeding Board for Fowls.

fowls scratching it out of the trough. take a number of tin cans and drive a nail through the board, as shown in cut. This contrivance is effectual in keeping the fowls out of the feed, as they find it wall, while in railway carriages there is

Need of Cleanliness.

It will never do to stop preaching cleanliness, either for the man or for the poultry. It is just as necessary for the fowl to be supplied with a good dust regular soap and water cleaning. There can live in a dirty pen without bad results than there is in believing men and women can keep well in the midst of filth.-American Dairyman.

Sheep Manure.

Sheep manure contains a small amount of water and is, weight for weight, the richest manure produced by any common farm animals. It is what is called a hot manure, fermenting rapidly with the development of heat. Like horse manure, it is especially likely to lose ammonia.

Feeding Work Horses. In feeding work horses, do not give the

grain first and then let the horse eat what hav he wants. Give water first, if the animal is not too warm then let him eat hay for awhile, and lastly give him divide. his grain. This plan is much better for the horse.

PROMINENT IN SOCIETY.

Columns of a Sioux Indian Newspaper.

The peculiarity of the names borne by Sioux Indians is aptly shown by the following items, quoted verbatim from the current issue of a little weekly newspaconsin, of the means of preventing out per published at Rosebud Indian agency, the correspondents of the paper at various points on the reservation being for the most part full-blood Sioux Indians: "Charley Dog Eyes hauled a cord of

wood to the school this week.' "Mr. Pup is not feeling at all well now He has bleeding from the lungs."

"Mr. Wasmud and family spent Saturday at He Dog's camp, visiting with Mr. Ege's.' "Mrs. Kidney and Elva visited Friday

evening and Saturday at C. H. Ber nett's. "It is reported that Spider Brave Bire

and Rose Crow Head are married without the services of a preacher." "Circle Fool, one of our most thrifty

Indians, died after a brief illness. "Eagle Elk, who is visiting Never Miss a Shot, went to the agency Sunday.'

"Two Teeth visited the school Monday a. m. and Little Bald Eagle ditto Monday p. m.' "Kate Hunts Horse has been sewing

for two weeks at the school." "Oliver Yellow Hair, policeman, returned last Saturday from a two weeks' visit at Pine Ridge." "Annie Goes to War visited our school

last week. Wednesday "Master Harry and Lucy Roan Horse have been visiting at home a few days." "Aloysuis Shooting Cat has left a warm, comfortable house and pitched his tent in a sheltered nook of the hills

of being near school." "Lily Kills Enemy is reported too ill

bordering Spring creek for the purpose

PRESIDENT AS POLICEMAN. An Illustrative Instance of the Active

Temperament of Mr. Roosevelt.

Successful in North and South.

Northern Hemisphere.

the world over.

from the system.

In Every Tongue.

monials are written.

Peruna crossed the Equator several

years ago, to find in the Southern

Hemisphere the same triumphant suc-

cess that has marked its career in the

Peruna is a standard Catarrh remedy

It cures catarrh by eradicating it

It obviates the necessity of all local

No other remedy has so completely

What Is Pusheck's-Kuro?

WHAT IT WILL CURE.

All weakness, aches and pains, exhaustion, nervous and general debility, Rheumatism, Neuralgia, Sciatica, Lumbago, all

The telephone is 29 years old. Hello, Central—is that party we called 29 years ago busy yet?—Alhany Argus.

A Guaranteed Cure for Piles.

Itching. Blind, Bleeding or Protruding Piles. Your druggist will refund money if Pazo OINTMENT fails to cure in 6 to 14 days. 50c.

In a great business there is nothing so

tress from Dyspepsia, Indigestion and Too Hearty Eating. A perfect remedy for Dizziness, Nausea,

edy for Dizziness, Nausea, Drowsiness, Bad Taste

Tongue, Pain in the Side. TORPID LIVER. They

Genuine Must Bear

Fac-Simile Signature

Brentsood

fatal as cunning management .- Junius.

"I was once impressed in a rather inthat the gat smut could be effectually teresting way," said Julien T. Davies, prevented by the application of the the prominent New York lawyer, relates formaldehyde solution to seed oats be- Success, "with President Rooseveit's readiness to sacrifice pleasure for business. When he was police commission er of New York, Mr. and Mrs. Bradley

"If was certain that there would be of formaldehyde, which costs about 50 great crowd outside the Bradley Martin cents, is poured into a barrel contain- house, on the night of the event, and that ing some 40 gallons of water. The oat the solice would have their hands full seeds, which are placed in gunny in keeping a clear passageway for carriages and guests. Mr. and Mrs. Rooseand allowed to soak in the dilute velt had received invitations to the chemical solution for some minutes. function. A few days before the day set for it Mrs. Martin happened to meet the "'Of course you are coming to my

An English scientist says that insects are fond of whisky. He seems to agree with that other English scientist who says that man is only an insect.—Atlanta Jour-"'Mrs. Roosevelt will be there,' he anly very little when compared with the swered, and I won't be far away. I'll

directing the police.' "It was as he said. While distinguished men and beautiful domen. many of them friends of the police commissioner, were alighting from their carriages and passing into an environment that was all that wealth and art could make it, Mr. Roosevelt was conspicuous in the street, as busy as any patrolman with that surging crowd."

THEY PREFER COLD WEATHER long, 24 or 26 inches wide and 20 Hold-Up Men Can Work Uninterrupted When the Mercury

Is Low

"This is the kind of weather for the hold-up men." said an old detective at headquarters one cold night recently says the Kansas City Journal, "and I would not be surprised if one were pulled off before morning. They work best on a night like this, when the streets in the residence district are comparatively deserted and there is little chance of being interrupted. It's an easy matter to do a job at such a time It is so cold that the victim can offer lit tle resistance, and the high wind drowns his voice. On such a night the average man falls an easy prey to anyone who has nerve enough to stop him and

demand his money. "People have an idea that cold weather favors all kinds of crime, but I do not believe it does except in the one instance mentioned above. It may serve to make some criminals more desperate, but I believe this is counteracted by the fact that detection more easy in winter than in summer, because the fugitive has to seek the protection of the cities, where he is liable to be picked up. But all this makes no difference to the hold-up man. He does his job on the coldest nights he can find and then takes chances of being caught."

DONE THROUGH INSTINCT.

To avoid the loss of feed from the Theory Acounting for Habit of People Preferring Seats Next the Wall.

The inquiring mind of an antiquary bottom of each to fasten them to a has developed the following theory to account for the fact that at a restaurant most people prefer the tables next to the uncomfortable to stand on the sharp a similar preference for the corner seats.

The tendency in each case is the result of an instinct dating back to prehistoric times. When the primeval man wanted to eat his food in security he selected a cranny in a cliff, or a place in which he could have his back to a rock. In that position he felt reasonably safe, bath as it is for the man to have his knowing that nothing could attack him from the rear. The habit became so is no more reason in thinking the fowl deeply rooted that even to-day it shows itself in a preference for wall seats and corners.

Eskimos Slandered.

Gov. Brady of Alaska protests against talk of the "vile, dirty Eskimo," saying those who make such remarks are in ignorance. "I don't know what he may be like in other divisions of the frigid zone, but I do know that the Alaskan Indian is as fine a type of his class as can be found anywhere. Take them as a whole, they are sober and industrious, make homes and adopt civilization readily. They are truthful, honest, hospitable, gentle and kindhearted.

Natural Question. Jenkins-Poor Bjones! It's just about

a year now since he passed the great - Dead or divorced?-Tompkins .

PATENTS 48-page book FREE,
highest references.
FITZGERALD & CO., Bes E., Washington, D.C.
That Bex and Beak of instructions
The R. Parren Company Company

regulate the Bowels. Purely Vogetable.

CARTERS

SMALL PILL SMALL DOSE, SMALL PRICE.

Local Celebrities Figuring in the PE-RU-NA CONQUERS CATARRH THE



of Peruna as a catarrh remedy are To supply this remedy to the whole

> best laboratories in the United States, Walter H. Woodward, Bomadier coughs, colds and catarrhal trouble." A Word From Australia

world taxes to the utmost one of the

Royal Australian Artillery, Hobart, A Cuban Minister. Tasmania, writes: "I suffered for several years with a the United States, writes from Washing-distressing condition of the head and ton, D. C., as follows:

treatment and its relief is of permanent affected badly. "After two weeks' use of Peruna I Quesada.

dominated the whole earth as Peruna. medicine for over a month

Prince Jonah Kalanianaole, delegate in Congress from Hawaii, writes from Washington, D. C., as follows: "I can cheerfully recommend your

Senor Quesada, Cuban Minister to

throat, caused by continual colds,
"My head and nostrils were stopped
up most of the time, and there was a
discharge, and my sense of smell was
affected healty complaint of catarrh." - Gonzalo De

found this condition quite changed, and so I continued to use this remarkable We have on file thousands of testi-In all climes the demands for Peruna.

In all climes the demands for Peruna in crease.

In all climes the demands for Peruna in crease.

In all climes the demands for Peruna in crease.

We have on hie thousands where the continued to use this remarkable in the layer on hie thousands.

We have on hie thousands we can monials like those given above. We can give our readers only a slight glimpse of that time I was cured and felt in fine health generally, and am pleased to give Peruna my honest endorsement."

We have on hie thousands we can month.

The provided the whole earth as Peruna.

The provided the whole earth as Peruna in the continued to use this remarkable monials like those given above. We can give our readers only a slight glimpse of the vast number of grateful letters from all quarters of the globe in behalf of his famous catarrh remedy, Peruna.

Let Common Sense Decide



to dust, germs and insects, passing through many hands (some of them not over-citan), blends, you don't know how or by whom, is fit for your use? Of course you don't. But

LION COFFEE

is another story. The green berries, selected by keen skillfully roasted at our factories, where precautions would not dream of are to to secure perfect clea flavor, strength and uniformi

From the time the coffee leaves the factory no hand touches it till it is opened in your kitchen.

SOUTHERN CONDITIONS AND

POSSIBILITIES.

In no part of the United States has these bees such wonderful Commercial, Industrial and Agricultural development as along the Buse of the Illinois Central and the Yazoo & Mississippi valley Railroads in the States of Tennessee, Mississippi and Louisians, within the past ten years. Cities and towns have doubled their population. Splendid business blocks have been erected. Farm lands have more than doubled in value. Hundreds of industries have been established and as a result there is an amprocedented demand for

Day Laborers, Skilled Workmon

Parties with small capital, meking an oppor-tunity to purchase a farm home; farmers who would prefer to rent for a couple of years before purchasing; and day laborers in fields or facto-ries should address a postal card to Mr. J. P. Merry, Asst. General Passenger Agent, Dabagos, Iowa, who will promptly mail printed matter concerning the territory above dearthed, and give specific replies to all inquiries.

and especially Farm Ten

as made LION COFFEE the LEADER OF ALL PACKAGE COFFEE. Millions of American Homes welcome LION COFFEE daily. There is no stronger proof of merit than continued and incre ing popularity. "Quality survives all opposition."

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(Save your Lion-heads for valuable premiums.)

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trated book.

WINCHESTER LEADER" AND "REPEATER" SHOTGUN SHELLS

The proof of the shell is its shooting. Because they shoot so well, Winchester Factory Loaded "Leader" and "Repeater" Smokeless Powder Shotgun Shells have won almost every important prize shot for in years. Good shots shoot them because they give better results, shoot stronger and more uniformly and are more reliable than any other make ALWAYS SPECIFY WINCHESTER MAKE OF SHELLS

PISO'S TABLETS CARTER'S Positively cured by these Little Pills. They also relt. The New Boon for Woman's Ills

SILENT suffering from any form of female disorder is no longer necessary. Many modest women would "her die by inches than consult anyone, even the letter, about their private troubles. PISO'S TABLETS attack the

THE PIGO COMPANY Clark and Liberty Streets, WARREN, P.



troubled with fils peculiar to their sex, used as a douche is marvelously successful. Thoroughly cleanese, kills disease germs, stops discharges, heals inflammation and local Partine is in powder form to be dissolved in personal translation and lower and is tar more cleaning, healing, germicider decommical than liquid antiseptics for all TOILET AND WOMEN'S SPECIAL USES

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During the months of March and April, there will be Excursions on the various lines of railway to the Canadian West,
Hundreds of thousands of the best Wasst and
Grazing Lands on the Continent free Le the acttler.
Adjoining lands may be purcha Authorized Canadian Governor, 25 Pt. Hornes, 25 Pt.

THE MILD CLIMATE IN